



Lake Hayward

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Upcoming Events

- 06/28 **All-Lake Tag Sale** at the Pavilion and tennis courts, 9 a.m. to noon.
- 07/05 **Family and Friends CPR**, 9 a.m. to noon at the pavilion.
- 07/05 **Time capsule** burying ceremony at the pavilion, 1 p.m.
- 07/05 **Movie at the Beach** at dusk at the pavilion

Contact POALH:

POALH

P.O. Box 230

Colchester, CT 06415

Walk-up mailbox:

83 Wildwood Rd.

Message from the President: Stay involved

Good Morning Neighbors

If you are reading this message on Saturday morning, then you are not at our Community Tag Sale. Put the paper aside and get down to the Pavilion and get those special picks before they are gone. Tag Sale breaks down at noon, but look for some property owners with items on their lawn throughout the day.

We hope you enjoyed our Ice Cream Social last night. Thank you Jason and Lee for hosting and bringing back this often-requested event. Great opportunity to make new friends and kick off the season.

Last week's membership turnout for our June meeting was disappointing. Yes, it was a beautiful day. But the board looks forward to seeing and talking to the membership to take a pulse on important issues of the season. Perhaps we are doing a great job through all our communications to keep you posted and aware, Perhaps you have attended too many long-winded meetings over the last 10 to 20 years. Perhaps you rent out your cottage and no longer interested in the business of our communi-

ty, or perhaps you feel your time is too precious on the lake to give up that quiet time. Whatever your reason, whatever the circumstances, I am asking that stay connected. Apathy or lack of involvement impacts community leadership and longevity of those serving on the board.

We have a number of openings on the board this season, so if you would like to learn more about these roles and responsibilities, please contact me. I am also looking for a chairman of the nomination committee who will assist in the work of identifying candidates, so please consider and call me.

Our Second Beach pilot project to clean up the boat channel to access the lake is a project that the board supports and can easily be funded, although a capital expense.

Please read Felicia's update and presentation so you understand the goals and how this program fits into our longterm lake quality improvement plans and budgeting process. We are looking for approval to proceed at the August meeting and ask that you contact Felicia before the meeting if you have

special questions, etc. Great documents are posted to the website to learn more about the process.

A role that has been stagnant for a long time has been the role of Town Liason. Bob Sudell will now facilitate efforts to bring together representatives of the Town of East Haddam, the Lake Quality Improvement Committee, The Eight Mile River Watershed and professional engineers to develop an action plan to address both drainage and its impact on our lake. The goal is to:

1. Develop a plan to control drainage within our community.
2. Educate members of our community regarding drainage and how to control it on their properties.
3. Educate members on the importance of Chatham Health District Septic Pump Out ordinance.
4. Secure financing to implement the plan through grants and other resources.

See Page 4

Social and recreation: tag sale going on now, movie on July 5



Annual All Lake Tag Sale – Saturday June 28th 9:00 – 12:00 p.m.

Let the bargain hunting begin....Tables available at the pavilion, space available at the tennis courts or at your home. Please contact Diane Nelson at (860) 305-7305 to reserve a table or space. This year there will be lots of advertising....and with some sunshine...let's hope for a great turnout!

Movie on the Beach - July 5th at Dusk

Bring your blankets, lawn chairs and snacks (please remember - no glass) to First Beach on Saturday, July 5th at dusk to enjoy the 1996 blockbuster "Independence Day." Stars Will Smith, Bill Pullman, Jeff Goldblum and others fight to save our planet as we know it against the all-out invasion of a group of

mysterious, powerful aliens. This film is 2 hours, 33 minutes long and is rated PG-13.

Swim lessons will begin on Monday, July 7.

Sign up soon. Liability and signup forms are available on the Lake Hayward website at www.lakehaywardct.com.

July 7 will be tryouts with Dennis and Meredith, out swim instructors.

ATTENTION ALL GOLFERS

Our annual golf tournament will be held on Saturday, July 26 at Cedar Ridge Golf Course in East Lyme.

There will be a shotgun start at 8:30 a.m. Lunch plans and cost will be presented in the next newsletter. Fred O'Delland and Don Biancamano are the contacts for this event.

Lake quality improvement committee talks about dredging

By Felicia Tencza

At the June POALH meeting we reviewed our work over the winter, which focused on efforts to mitigate invasive aquatic weeds using herbicides and *alternative forms of mitigation, improve the recreational value* of key locations... the beaches and the boat ramp, *improve the health of the lake* and reinforce to all lake residents that each of us is a *Lake Steward*.

By helping the lake, we help our own investments. As the lake goes, so go property values.

Waterfront Restoration:

The additional method of mitigation decided upon was suction dredging. Suction dredging removes both weeds and muck, the removal of which improves the recreational value of the treated area; improves

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water quality (by leaving less muck that contains and emits phosphorus that leads to algal blooms); and removes invasive weeds.

The problem of the 2nd beach boat ramp:

Natural eutrophication (build up of muck and bad stuff) and sedimentation deposited from surface runoff has accumulated in this area over the years. A sediment island is forming within the lagoon and access from the boat ramp out to the open lake is inhibited.

Remediation is required to restore normal depth and function of this valuable water resource.

Pilot Project:

Because of the problem at the boat ramp, LQIC recommended with Board approval, a pilot suction dredging project to the membership. This proposal is for the removal of sediment to open a 20 foot wide lane to restore good boat access from the lagoon. The pilot project is a great way to put a "toe in the water" to provide benefit now AND assess its viability for future larger lake restoration projects at 1st, 2nd and 3rd beaches.

For information about this project, the proposal is posted on our website <http://www.lakehaywardct.com/lagoon.pdf>.

Two CPR classes planned for early July and again in August



Do you know what to do if a family member collapses in front of you? Do you know how to relieve choking?

If you want the skills to help a loved one in distress, take the American Heart Association's Family and Friends CPR course.

Family and Friends CPR: This course teaches CPR and relief of choking in adults, children and infants. It is designed for members of the general public who would like to learn basic CPR, in-



cluding families with children or elderly relatives, and those who do not need a course completion card. Course fee includes textbook and participation card. This course is 3 hours long. \$10 per person Two Dates Available: Saturday, July 5th or Saturday, August 2nd

Time: 9:00 a.m. to Noon

Location: Pavilion

Do you know what to do if a family member collapses in front of you?

A minimum of 6 people is required to run each class. Class size is limited to a maximum of 16. Pre-registration is required. Payment is due the day of the class.

Register by emailing Bonnie Sudell at bonsudell@aol.com, with CPR in the subject line or by calling Bonnie at 860-836-5245.

Please include your name, address, email address, phone number and which date you are registering for.

Water safety: Follow these tips to protect your child from drowning

By Mayo Clinic Staff

Most children are drawn to water. It's sparkly. Things float in it. It's fun to splash. But water safety is no laughing matter. Anyone can have a water-related accident — even children who know how to swim. To keep your children safe in and near the water, follow simple water safety guidelines.

Natural bodies of water

Swimming conditions can be unpredictable in ponds, lakes, rivers and oceans. Water depth can change rapidly, as can

water temperature, currents and the weather. Murky water might conceal hazards. Follow these water safety tips:

- * Don't swim alone. Never allow children to swim alone or without adult supervision.
- * Wear a life jacket. Children should wear personal flotation devices whenever riding in a boat or fishing. An air-filled swimming aid isn't a substitute for a life jacket.
- * Feet first. The first descent into any

body of water should be a jump — feet first. Before the jump, check water depth and temperature and look for underwater hazards.

- * Stay in designated areas. At public beaches, swim only in areas set aside for swimming. Don't allow children to swim in drainage ditches or other water-filled areas not intended for swimming.
- * Beware of thin ice. Drowning can occur in the winter, too. Avoid walking, skating or riding on weak or thawing ice.

Classified section

Wanted to Borrow:

Walt Disney's "The Sword in the Stone" on DVD and "Robin Hood, Men in Tights" on DVD for Movies on the Beach. Please contact Bonnie Sudell at bonsudell@aol.com if you have a copy that you're willing to share.

Babysitter needed?

Briana Soares, 20 years old

I have been CPR-certified since 2006 and am getting recertified July 5, 2014. I charge \$15/hr any additional kids is \$5 more an hour and you can contact me at 860-908-7830, if I do not pick up please leave a voicemail and I will get back to you.

Looking for 2+ bedroom cottage

rental for August 9 (Saturday) - August 17 (Sunday). Preferably near 3rd beach. Please email Alex at Alexandra.Whatton@gmail.com.

FOR SALE: Roof rack. to fit a Hyundai Elantra Touring, and may fit other cars. less than 3 months. available. \$125.00. Janlyn at 860-334-8982.

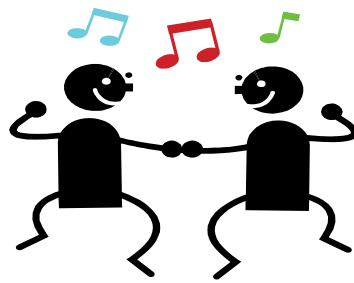
Summer concert series returns to the Goodspeed

Music on the River 2014

Join us for a beautiful evening of music, dancing and relaxing on the lawn of the historical Goodspeed Opera House along the banks of the Connecticut River

July 7 B. Wille Smith

This year's series opens with legendary Connecticut Blues band B. Willie Smith, who filled dance clubs in the 70's and 80's and continue to do the same several times a year at Toads, The Kate and Black Eyed Sallies.



July 14 Bluesberry Jam

Hypothetically, if you were to create a Bluesberry Jam Band radio station on your Pandora app, you would listen to the following bands: Allman Brothers, The Grateful Dead, Widespread Panic, Government Mule, The

Rolling Stones, BB King, and other bands that share their same bluesy, country, and rocky roots. All band members save for two; call Moodus and East Haddam home: Ken Tosi and Matt White on guitars, Pete Govert on bass, with Jeff Bauer and Evan Tosi on drums. Singer Chris Bauer is from Middletown while Cary Burns, our keyboardist, hails from MA. Guest vocalist Sue Rivard, lead singer of Fountainhead, will add her talents. Additionally, Bluesberry is the house band for the annual Moodus Sportsmen's Club

Newsletter Submissions:

Deadline is on Wednesday at noon. Email

miketrocchi@yahoo.com

Newsletter Delivery:

Please note that our carriers do not get paid. They give up their Saturday mornings to get the newsletters out to you. Please remember them with a tip. Visit www.lakehaywardct.com for newsletters, by-laws, contact numbers and calendar.

Harvest Fest. Please note that the band will play an original song, "Jimmy River Chubs" – the ONLY song ever written to celebrate the joys of ice fishing on the Moodus Reservoir.

From Page 1: President's Message

- Maintain the quality of our lake through these programs
- Identify ownership of association roads and right of ways and work with Properties Committee to establish a maintenance plan

Finally, the issue of the association's secured network came up last week as well as the question regarding public access to the Internet through our WiFi service. Undoubtedly,

those of you with smartphones will see the POALH network come up if you are at the Pavilion. This service was installed in order to support our remote access to our security system and video tapes and not intended to be used as a public hotspot. This is a password-protected network and not a public hotspot or designed for membership to have access. We will continue to consult with our IT professional

advisors to assess and address vulnerabilities. While there was considerable discussion in 2010 about WiFi service for membership use, there was no vote ever taken to not install WiFi service.

Final reminders: Please get your surveys in to us. Survey can be found on our website. Please pass the word that there is no gathering on Second Beach this Fourth of July. Please join us for a special movie night on First beach.

Lake treatment was completed Monday. We should see results in 7 to 10 days.

I understand there were questions for the treatment boat. My thanks to the Aquatic Control team for willingness to stop their work and answer questions. I have a further update for the north end resident who had concerns. Please contact me directly. Thanks to all on the committee for the great work!

Take a book, leave a book comes to the lake



All you summer beach readers at Lake Hayward, I am doing a book exchange this summer to keep us reading for the next few months.

All you need to do is bring a good paperback book and drop in the the box I will provide. Then as the box fills you

are welcome to take a book or two for your reading for the next week. I will try to have this available every week, usually it will be either at the Pavilion for various functions or at the picnic table on 2nd Beach. Please DO NOT clean out your bookshelves of old books

we all read years ago. We want books that our residents will want to read.

At the end of the summer I will donate any leftover books to the library. Anytime you want to help out, call Fran Fantozzi 537-1988.

Plan ahead with our events calendar (see the full list at www.lakehaywardct.com)

July 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5 CPR class 9 -noon; movie on the beach at dusk-pavilion
6	7	8 kiddie arts and crafts 7 p.m.	9 kiddie bingo 7 p.m.	10	11 adult bingo, 7 p.m.	12 yoga 9 a.m.; Greg Cordova karaoke DJ 8-11 p.m.
13	14	15 kiddie arts and crafts 7 p.m.	16 kiddie bingo 7 p.m.	17	18 cribbage tournament 7 p.m.	19 76 Wildwood; kiddie campout 6 p.m.
20	21	22 kiddie arts and crafts 7 p.m.	23 kiddie bingo 7 p.m.	24 Lego Build Olympics 7 p.m.	25 Movie on the beach at dusk	26 2nd Beach pot luck 6 p.m.; Otis and the Boomers 8-11 p.m.
27	28	29 kiddie arts and crafts 7 p.m.	30 kiddie bingo 7 p.m.	31		

August 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 setback tournament, 7 p.m.	2 yoga, 9 a.m.; CPR, 9 a.m.
3	4	5 kiddie arts and crafts, 7 p.m.	6 kiddie bingo, 7 p.m.	7	8 movie on the beach at dusk	9 junior chef, 10 a.m.; adult chef, 5 p.m.
10 swim races 1 p.m.; boat parade, 4 p.m.	11	12 kiddie arts and crafts, 7 p.m.	13 kiddie bingo, 7 p.m.	14 men's night 6-11 p.m.; band Latitude 8 p.m.	15 movie on the beach at dusk	16 fishing derby, 7 a.m.; Otis and the Boomers 8-11 p.m.
17 annual meeting, 10 a.m.	18 bike, wagon and costume parade, 6 p.m.	19 cake walk, 7 p.m.	20 chocolate bingo, 7 p.m.	21 ladies night, 6 p.m.	22 night at the races, 7 p.m.	23 beach game 11 a.m.-3 p.m.; carnival 4-6 p.m.
24	25	26	27	28	29	30 band Skyway, 7:30 p.m.; 3rd Beach potluck, 6 p.m.
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Beach Rules



1. Parents or chaperones are responsible for their child's safety and their child's actions at all times.
2. Children cannot be left at the beach unattended.
3. Infants must be in leak-proof ("swimmie") diapers at all times.
4. Fishing within 100 feet of the swimming area is strictly prohibited.
5. Use of boats and watercraft within the swimming area or within 100 feet of rafts is prohibited.
6. When passing a beach area, dogs must be on a leash. Dogs are never allowed on the beach.
7. There is no swimming after 11pm.
8. All trash and cigarette butts must be removed from the beach and be properly disposed of. Glass containers are prohibited on Association property.
9. Use of the beach area is limited to Association members and their guests.
10. Cars parking in a beach parking area must display a POALH parking sticker or a guest pass.

Board member contacts

Gail Grzegorzczak — President	860-531-9008
Bob Sudell — Vice President/Representative At Large	860-537-0286
Bonnie Sudell — Secretary/Second Beach Representative	860-537-0286
Gary Peterson — Properties Committee/Representative At Large	860-674-0744
Deborah Smith — Second Beach Representative/Water Company Liason	860-338-1659
Diane Nelson — Social Committee/Representative At Large	860-305-7305
Linda Nuzzo — Recreation Committee/First Beach Representative	860-620-7016
Mike Trocchi — Newsletter and Website/Third Beach Representative	860-213-4949
Lee Griffin — Treasurer	860-656-6938
Brenda Armstrong — Tax Collector	203-627-8241
Ed Bader — Budget Committee	edbader@aol.com
Jason Griffing — E-mail alerts and announcements	ilikeicecream@msn.com
Janet Soboleski — Memorial Fund/Newsletter Delivery/Lake Hayward Cookbook	860-537-1012
Don Smith — Pavilion Reservation	860-267-0133
Lynn Booth — Hospitality	860-537-5064
Gail Edington — Promotional Items	203-314-2764
Shannon McKane — Promotional Items	203-815-2585
Kathy Peterson — Garden Club	860-537-5229
Felicia Tencza — Lake Quality Improvement Chairwoman	bmr948@yahoo.com
Resident State Trooper	860-537-7500
East Haddam Police	860-873-1226
Confidential Tip Line	860-873-5013
Connecticut Water Company	800-286-5700