

July 26, 2014

Lake Hayward



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Inside this issue:

<i>Social/ Recreation</i>	2
<i>Parking update</i>	3
<i>Classifieds</i>	3
<i>Kiddie Campout</i>	4
<i>Calendar</i>	5
<i>Concert series</i>	6
<i>Contacts/ Beach rules</i>	8

Upcoming Events

- 7/26 **Otis and the Boomers,** 8-11 p.m. at the First Beach Pavilion
- 7/29 **Kiddie Arts and Crafts,** 7 p.m. at the First Beach Pavilion
- 7/30 **Kiddie Bingo,** 7 p.m. at the First Beach Pavilion
- 8/1 **Setback tournament,** 7 p.m. at the First Beach Pavilion

Contact POALH:

POALH
P.O. Box 230
Colchester, CT 06415
Walk-up mailbox:
83 Wildwood Rd.

Message from the President: Busy summer agenda

All Waste Control has asked that everyone please break down cardboard and bundle up properly for pickup. They are accumulating additional charges at the transfer station and would appreciate everyone's cooperation in preparing cardboard correctly for pickup.

Parking permits

On behalf of the entire board, I would like to thank everyone for their cooperation with the parking situation. If you need permits, including replacement permits if your permit has faded, please contact Gail or Lee. We appreciate your ensuring that the permits are visible so as to avoid any inconveniences.

Rolling out this enforcement has certainly resulted in some scrapes and bruises, but we have learned from this and will work on improving the quality of the permits and remain in close communication with the towing vendor.

Special parking passes will be available for association-sponsored events that include non-members or vendors

Fun at the kiddie campout. More photos, page 4



At the last board meeting, we decided to increase the amount of private security patrols we arrange with the town.

providing services to the association.

Those passes will be distributed by the event manager as needed.

We appreciate your ensuring that your guests are well-informed and have their permits if they plan to park in lots. Any problems or questions going forward should be directed to

Bob Sudell at 860-490-1350. We anticipate that this program will continue year-round.

Security patrols

At the last board meeting, we decided to increase the amount of private security patrols we arrange with the town. We have requested shifts that include both day and evening

See Page 7

Social and recreation: Junior chef workshop is coming soon

Junior Chef Workshop

Saturday, August 9: Two sessions kids for kids ages 5- 11 at 10 a.m. and kids 12 and up at 1 p.m. Please register your little chef as soon as possible. Mary Jo is returning this year as our instructor. Small fee of \$5 per student will be charged. Class will be held at the Pavilion.

Adult Chef

Saturday, August 9 at 5:30 p.m.: We'll make glorious appetizers and follow up with a Happy Hour at 7 p.m. B.Y.O.B - no glass - \$10 fee per adult chef.

All are invited to attend Happy Hour ...



and sample the appetizers (Yum!).

Setback Tournament

Friday August 1 at 7 p.m.: The Pavilion at First Beach. Small fee of \$2 to enter.

Snacks will be provided.

Dance Aerobics Classes

Classes will be held Monday mornings at 9 a.m. at the First Beach Pavilion. Carol Moriarty will lead us in a wonderful dance class. No experience necessary. Free class!

Yoga with Karla:

First Beach Pavilion classes start at 9 a.m. Please bring a mat if you have one and/or a towel. The Association has purchased mats to use as well as blocks to assist with poses. Please bring water. Drop-in rate of \$5 applies. All levels.

Lake quality improvement committee answers discharge questions

There have been a few questions about the receipt of a Permit to Discharge form that includes a \$30 fee from the Chatham Health District (CHD). Here are two links that provide the facts regarding septic systems in the CHD:

<http://www.chathamhealth.org/regulation.htm>

<http://www.chathamhealth.org/pdf/FrequentlyAskedQuestions.pdf>

To briefly summarize the information at the links referenced above, the District charges a one-time fee of \$30 for the permit to discharge. You can pump your tank every 2 or 3 years. The fee is not for your pumpout, but for the permit. The fees do

cover some administrative costs of the program.

The requirement to obtain a pumping permit has been part of the State of Connecticut Public Health Code since 1982. This covers residential and small commercial systems discharging less than 5,000 gallons per day. A permit to discharge is a legal permit issued by the local health department (in this case, Chatham Health District) that approves the amount of wastewater being discharged to your septic system.

The authority to issue such a permit has been delegated from the State of Connecticut Department of Energy and En-

vironmental Protection to the State Health Department and through them to the local health department. This has been part of State Statutes since 1977. The original permit to discharge assured you that the system was constructed and would function in compliance with the public health code.

The staff at CHD are available to answer any questions you have.

We hope everyone complies with the ordinance. And we encourage you enter POALH's \$200 drawing by submitting a copy of your Permit to Discharge.

Drawing will be held at the Annual Meeting on Aug. 17.

Garden club seeks new members; provides help to butterfly population near lake

The Garden Club is seeking new members, especially from the Third Beach area, to help with care and maintenance of our beautiful community gardens!

The Club meets every other Sunday morning at 9 am at the Pavilion. Next meeting is July 27. Contact Kathy Petersen at 860 878 7599 or e-mail wildrosekp47@hotmail.com.

Eight Mile Watershed Monarch Butterfly & Milkweed Project

The Lake Hayward Garden Club recently received almost 100 native milkweed (*Asclepias incarnate*) plugs, free of charge, from the Eight Mile Watershed group, as part of their efforts to provide habitat for Eastern Monarch Butterfly population.

The number of Monarchs in CT has been in serious decline over the last few years. Monarch Watch, in conjunction with Nature Conservancy and our own Eight Mile Watershed, are working to restore native milkweed used by monarch caterpillars as food and to encourage planting of nectar-producing native flowers that support adult monarchs and other pollinators.

Make sure you have a parking sticker to avoid getting the boot

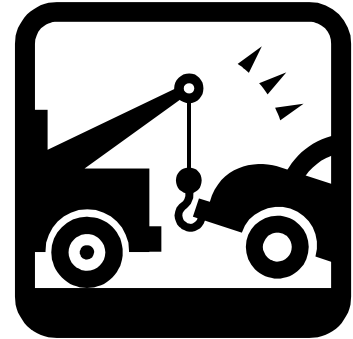
You may have noticed the bright orange fliers on the windshields of cars at the beach parking lots over the past two weeks. These "friendly reminders" were placed on cars that did not display a current POALH Parking Sticker.

The parking lots are private areas available to members, guests, and renters who display a current POALH Parking Sticker in their vehicle windshield. The spring packet included four stickers and was sent to each property owner's address on file. If you did not receive a packet please contact Gail Grzegorzak at 203-988-0559 or Lee Griffin at 860-656-6938 or your Beach Rep.

The POALH Board of Governors has received numerous complaints of non-

association members utilizing our beaches and parking areas. In response to this, the board has engaged the services of Reliable Auto Center (Towing Services) to help us maintain available parking spaces for you, your guests, and renters.

Effective July 21, any vehicle parked in one of the beach lots (including parking areas near Little Beach and the North End) and not displaying a current POALH Parking Sticker will be "Booted" by Reliable Auto. The boot will remain on the vehicle until the \$75 fee is paid (credit card or cash). Staff from Reliable Auto will be patrolling the areas throughout the day and will be checking cars for stickers in conjunction with the efforts of our parking committee.



In addition, as part of our security initiatives, cars remaining in the lots after midnight without a current sticker will be towed away.

Again, please spread the word, we do not want to see members getting the "Boot."

Classified ads

FREE 4 person hot tub

Located at last home by spillway. Please call Corinne at 203-209-3352.

Electric Water Heater for sale.

38 gallon, approximately five years old. \$75 or best offer. 860-537-2817.

17 ½ ft. O'Day Sailboat and trailer.

Two sails, spinnaker, 2nd mast and boom. Good size for the lake. \$1,200 or best offer. Contact Cliff Smith at 203 727 6667.

Wanted: Stationary exercise bike.

Call Don at 860-537-0295.

Stillwater by Old Town canoe

16 foot - good shape hasn't been used in years, small tear in front seat caning. \$400 or BO. - Call Tom Kress @ 860-537-5779 or email: tomkresscapentry@comcast.net

FREE - Two bunk bed mattresses with mattress covers and 2-inch box springs. Barely used. Call: MaryAnn 860-759-2809

Is anyone willing to teach me to kayak? I purchased a Kayak and would like one lesson.

Especially on the art of getting in and out of one without falling over! I'm available early in

the morning 7 a.m. on Saturday and Sunday. Please call: 860-759-2809.

Yard Workers

Looking to earn a little extra money before the school year starts next fall by helping out our fellow lake friends. Any yard work that needs to be done give us a call at 860.933.4421. Ask for Angel or Luis.

Furniture for sale

We have 3 beautiful items for sale for \$5 each - A large unframed mirror-4' X 5' feet for \$5; A 10 drawer dresser (holds lots of clothes) 4' 4" long by 18" wide by 32" high \$5 and large trifold dresser mirror, in a wooden frame that is very ornate on the top. Please call during the week at 401-247-2744 and on the weekends at 401-457-6547. The furniture is located at 119 Longwood.

Missing kayak?: Is anyone missing a kayak from last season (that floated away). Describe it and its yours. Call 860-886-3019.

Seeking a pontoon boat

Wanted: Pontoon boat. Battery-operated. Call 860-917-5646.

Babysitter needed? Briana Soares, 20 years old

I have been CPR-certified since 2006 and was recertified on July 5. I charge \$15/hr any

additional kids is \$5 more an hour and you can contact me at 860-908-7830, if I do not pick up please leave a voicemail.

FOR SALE: Roof rack. to fit a Hyundai Elantra Touring, and may fit other cars. less than 3 months. available. \$125.00. Janlyn at 860-334-8982.

FOR SALE: Minn Kota bow mount electric motor. 40 lb. thrust. excellent condition. \$200. Also for sale 14 ft. Escape sailboat with aluminum transport dolly. \$650.00. Call 860-537-4708 or Email jers5865@sbcglobal.net.

First beach cottage with double lot

Driveway is on Lookout and Ridgewood. 6 rooms, 2 bathrooms, laundry room, private outside hot shower, WIFI and cable TV in three rooms. Air conditioning on main floor (living room) and 2 bedrooms sleeping 5. Additional private sleeping loft with window, wall air conditioner and cable sleeps 4. Fully equipped kitchen. Deck facing brook. Outside fire place and additional fire pit. Dates available in July, August and September. Rental period for any block of days from a minimum of 5 to a maximum of 22 depending on availability. Rates depend on number of days chosen. Please call 860 795-6505 or 860-537-0618.

Kiddie Campout 2014



Plan ahead with our events calendar (see the full list at www.lakehaywardct.com)

July 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5 reserved
		8	9	10	11	12
		15	16	17	18	19
		22	23	24	25	26 Golf tournament at Banner, 8:30 a.m.; 2nd Beach pot luck 6 p.m.;
27	28	29 kiddie arts and crafts 7 p.m.	30 kiddie bingo 7 p.m.	31		



August 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 setback tournament, 7 p.m.	2 CPR, 9 a.m.; yoga 9 a.m.; Band Turkeyfoot 8-11 p.m.
3	4	5 kiddie arts and crafts, 7 p.m.	6 kiddie bingo, 7 p.m.	7	8 movie on the beach at dusk	9 junior chef, 10 a.m.; adult chef, 5 p.m.
10 swim races 1 p.m.; boat parade, 4 p.m.	11	12 kiddie arts and crafts, 7 p.m.	13 kiddie bingo, 7 p.m.	14 men's night 6-11 p.m.; band Latitude 8 p.m.	15 movie on the beach at dusk	16 fishing derby, 7 a.m.; yoga 9 a.m.
17 annual meeting, 10 a.m.	18 bike, wagon and costume parade, 6 p.m.	19 cake walk, 7 p.m.	20 chocolate bingo, 7 p.m.	21 ladies night, 6 p.m.	22 night at the races, 7 p.m.	23 beach game 11 a.m.-3 p.m.; carnival 4-6 p.m.
24	25	26	27	28	29	30 band Skyway, 7:30 p.m.; 3rd Beach potluck, 6 p.m.
31						

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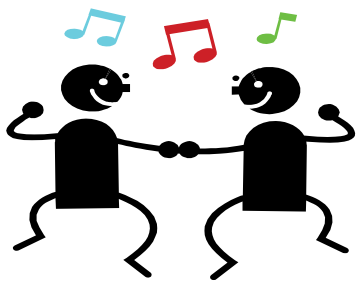
Summer concert series continues at the Goodspeed

Music on the River 2014

Join us for a beautiful evening of music, dancing and relaxing on the lawn of the historical Goodspeed Opera House along the banks of the Connecticut River

July 28 United States Coast Guard Dixieland Jazz Band

The United States Coast Guard Dixieland Jazz Band was organized in 1970 to perform classic jazz, blues, and rags with a "New Orleans" flavor. The Dixieland Jazz Band has entertained audiences across America, in the former Soviet Union and in England. Notable venues include the open-air theater in Disney World and the Boardwalk in Atlantic City. at the "Galaxy Jazz Festival" in Milwaukee,



the Embarcadero in San Francisco, the John F. Kennedy Center Millennium Stage in Washington, D.C., and at Mardi Gras in New Orleans. The group has also performed on numerous radio and television broadcasts across the nation.

August 4 New Riders of the Purple Sage

New Riders of the Purple Sage, an American Country Rock Band, emerged from the psychedelic rock scene in San

Francisco in 1969. The original group included co-founders John Dawson and David Nelson with Jerry Garcia and several members of the Grateful Dead. As the Grateful Dead personnel moved on to concentrate on their own sound, the New Riders enjoyed the adulation of an established audience. Their hit songs "Panama Red", "Glendale Train", "Truck Drivin' Man" appealed to both the counter culture movement and the Cowboy Outlaw genre of the 70's & 80's. The New Riders of the Purple Sage continue to bring audiences together to celebrate a bit of nostalgia, fine music, and dancing.

August 11 Fiesta del Norte

Fiesta del Norte is an exciting versatile Mariachi band that

Newsletter Submissions:

Deadline is on Wednesday at noon. Email miketrocchi@yahoo.com

Newsletter Delivery:

Please note that our carriers do not get paid. They give up their Saturday mornings to get the newsletters out to you. Please remember them with a tip. Visit www.lakehaywardct.com for newsletters, by-laws, contact numbers and calendar.

plays music of Mexico and other Latin American countries. Dressed in traditional charro outfits, they perform a repertoire that spans the styles of the Mariachis of Jalisco, Nortenas of Chihuahua, harp music of Vera Cruz, and marimba music of Chiapas.

Bring your sarape and sombrero as we celebrate our Fiesta on the river.

Show your permit discharge for a chance to win \$200 prize on Aug. 17

Submit a copy of your current and valid "Permit to Discharge"* from the Chatham Health District

Drawing will be held at POALH's Annual Meeting on Sunday August 17.

Drawing open to all East & West side Lake Hayward residents. You need not be present to win.

Can't find your permit ? Call Chatham Health District for a copy at 860-365-0884

Drawing will happen on Aug. 17 at the POALH meeting.

To enter

1) Bring your permit copy to the annual meeting on Aug. 17.

2) Submit your permit copy in advance. (OK to leave in mailbox): Felicia Tencza, 22 Forest Way.

*limit one permit per address. Sponsored by the LQIC (Lake Quality Improvement Committee).

Men's night event comes to Lake Hayward in mid-August

Gentlemen, join us for a beach/Caribbean style 3-course dinner prepared and served by your favorite ladies from 6-8 p.m. on Aug. 14. Dinner begins with appetizers on your table, followed by a buffet including

Pork Barbecue with a variety of sauces, Jerk Chicken, and Caribbean-style Meatballs, along with homemade coleslaw and potato salad, baked beans, and cornbread. Sweet and unsweet tea will be available (BYOB of your

favorite libation, if you so choose). A special coconut and rum trifle is planned for dessert.

Cost: \$15.00 per person. RSVP by July 31st to Michelle Lusardi michlusardi@gmail.com or 860 416 7647

Then, invite your favorite Lady to join you for a wonderful beach and folk-rock music concert with Michelle and Tom Becker of "Latitude" joining us from Pawleys Island S.C.

Second Beach Potluck is tonight; bring your favorite dish

The Second Beach Potluck Supper is just a week away. Join us on the beach tonight at 6 p.m. for this yummy annual event.

Bring a main dish and a side or dessert, along with serving utensils.

It's BYO tables and chairs or a blanket to eat at, dishes, utensils and drinks. Be sure to bring your plastic glasses from the Lake Hayward Store for your beverages. As always, all Association members are welcome at this event.

Festival on the Green

The Festival on the Green will be held today on Colchester's Historic Town Green. The festival features an Arts and Craft Show, music by the Colchester Regional Chamber Orchestra and a Fife and Drum Muster featuring the Colchester Continentals. The festival is held from 10 a.m. to 4 p.m. with the Chamber Orchestra playing at noon and the Fife and Drum muster at 1 p.m.



From Page 1: Busy summer agenda

time slots and will include the monitoring of speed.

During this busy season, we all need to remember that we have children playing close to the town roads and more people walking.

We do have non-residents traveling throughout the community and speeding, so we hope that the onsite patrols and monitoring will help.

As our budget permits, we hope to continue to increase police visibility throughout this season and expand further next year. We are close to the end of the budget process this year and will soon be posting the budget recommendations in preparation for our Annual Meeting.

Will look for you all at Second Beach Pot Luck.

Boat parade returns on Aug. 10

The Boat Parade is only two weeks away. Pick a theme and decorate your kayak, rowboat, pontoon boat or sailboat, then come to First Beach Sunday, August 10th at 4 p.m. to show us how creative you are.

Boats will parade from First Beach to Third Beach then back to Second Beach, where prizes will be awarded in both youth (under 14) and adult categories.

This event was a favorite for many years, revived two years

ago, is and growing in popularity.

After the boat parade, join us for a barbeque at Second Beach at approximately 5 p.m. Bring an appetizer, salad, side or dessert to share and a chair. Congratulate the winners and enjoy the company of your Lake friends.

You don't need to participate in the Boat Parade to come to the barbeque. But we hope you'll cheer on the boats as they parade by our shores!

Do you know the way to the dog beach?



Night at the Races will be back in Aug.

You don't have to go to Churchill Downs, Pimlico or even Belmont Park to enjoy horse racing this summer.

Come to Hayward Downs (the pavilion) Friday August 23rd at 7 p.m. to scream for your favorite filly or colt. Wear your most outrageous hat, decorate

your table, and don't forget your singles. Tim Pelton "The Aquatic Weed Guy" will again call the races. Ten races in all will be held with payouts on every race. BYOB (and your Lake Hayward plastic wine glasses) to this adult event. Prizes will be awarded for the best hats and table decorations.

Beach Rules



1. Parents or chaperones are responsible for their child's safety and their child's actions at all times.
2. Children cannot be left at the beach unattended.
3. Infants must be in leak-proof diapers at all times.
4. No fishing from the beach and within 25 feet of swim area.
5. Dogs are never allowed on the beach.
6. Vehicles are not allowed on any beach at any time.
7. No glass on any beach or in the pavilion.
8. All trash and cigarette butts must be removed from the beach and beach area and disposed of properly.
9. Use of the beach and beach area is limited to Association members and their guests.
10. Cars parking in a beach parking area must display a current POALH parking sticker or current guest pass.
11. Beaches and Association properties are closed from Midnight to 6 a.m. Police take notice.

Board member contacts

Gail Grzegorzczak — President	860-531-9008
Bob Sudell — Vice President/Representative At Large	860-537-0286
Bonnie Sudell — Secretary/Second Beach Representative	860-537-0286
Gary Petersen — Properties Committee/Representative At Large	860-324-9029
Deborah Smith — Second Beach Representative/Water Company Liason	860-338-1659
Diane Nelson — Social Committee/Representative At Large	860-305-7305
Linda Nuzzo — Recreation Committee/First Beach Representative	860-620-7016
Mike Trocchi — Newsletter and Website/Third Beach Representative	860-213-4949
Lee Griffin — Treasurer	860-656-6938
Brenda Armstrong — Tax Collector	203-627-8241
Ed Bader — Budget Committee	edbader@aol.com
Jason Griffing — E-mail alerts and announcements	ilikeicecream@msn.com
Janet Soboleski — Memorial Fund/Newsletter Delivery/Lake Hayward Cookbook	860-537-1012
Don Smith — Pavilion Reservation	860-338-1659
Lynn Booth — Hospitality	860-537-5064
Gail Edgington — Promotional Items	203-314-2764
Shannon McKane — Promotional Items	203-815-2585
Kathy Petersen — Garden Club	860-878-7599
Felicia Tencza — Lake Quality Improvement Chairwoman	bmr948@yahoo.com
Resident State Trooper	860-537-7500
East Haddam Police	860-873-1226
Confidential Tip Line	860-873-5013
Connecticut Water Company	800-286-5700