



Lake Hayward

For more on BLUES & BBQ event, see Page 8

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Upcoming Events

- 7/11 **OPEN HOUSE TOURS,**
12:45 to 4:45 p.m.,
Hayward Properties
- 7/11 **ERAN TROY DANNER
BLUES BAND** (with BBQ
at 5 p.m.) 7-10 p.m.
- 7/17 **DIS-CONNECTED
ACOUSTIC BAND,**
8-11 p.m.
- 7/18 **TOWN HALL MEETING**
10 a.m. to noon at the
Pavilion; Halloween in
July, 7-11 p.m.

Contact POALH:
 POALH
 P.O. Box 230
 Colchester, CT 06415
 lakehaywardct@gmail.com
Walk-up mailbox:
 83 Wildwood Rd.

Message from the President: Blues & BBQ tonight

What a great Fourth of July weekend we had. The weather cooperated two out of the three days and Saturday wasn't so bad after all. I have struggled to find the right word for Saturday night and finally settled on AWESOME! While I cannot officially endorse nor condone the use of fireworks, you guys ROCK!

We have a great season of events lined up for the summer. We are trying something new this year, pairing food trucks with our bands. We kick off our first dance tonight with Blues and BBQ. Eran Troy Danner promises to rock the house with his brand of blues and what goes better with blues

than BBQ? Let us know if you like this pairing as we have three more dance/food truck events this summer. I think I will be missing one of the highlights of the year tonight as my fire department is marching in the Unionville parade, a commitment I cannot ignore. But I want to hear from you: make me jealous, make me sad, it's what the blues is all about.

Please join us for our next Town Hall meeting at 10 a.m. on Saturday July 18 at the pavilion. The board wants to hear from you in an informal setting. For those who attended the last Town Hall, we are still working our way through the list. We heard you loud and

clear and want to hear more.

Don't miss Halloween in July, Saturday night, July 18, starting at 7 p.m. Let your inner child out and compete for the best costume and best scarecrow. Call Linda or Fran: see their notice about this exciting event. Make a memory to send to me (see last week's message).

Please walk facing traffic. Our roads are narrow and drivers simply might not see you. It is easier for you to step aside as it can take a driver more than 300 feet to react and stop. As the song goes, teach your children well.

Be safe and have fun!

- Bob Sudell

Public safety update: Will you be found in an emergency?

If you have an emergency at your cottage, will help be able to find you? This was the concern expressed by Rich Harmon, one of our own first responders, at our June meeting. Firefighters, police and emergency medical responders lose precious minutes if your home doesn't prominently display its house number, and in fact, East Haddam requires num-

bers to be affixed to all residential and business dwellings. Their regulations state, in part:

- Numbers shall be Arabic block-style, not italic or Roman numerals
- Numbers shall be of a color that contrasts clearly with the background to which they are affixed and may be of a reflective material.

- Numbers shall be a minimum of four inches in height when affixed on buildings. Numbers affixed to mailboxes or signposts shall be a minimum of three inches in height.
- Numbers shall be securely affixed to the front of the building or other fixed appurtenance, so as to be clearly visible from the access street.

Lake Hayward home tours will feature 15 for-sale properties on July 11

There will be a Progressive Open House tour from 1-4:30 p.m. on Saturday, July 11. There will be 14 properties open – one every 15 minutes.

Bring your friends and family. (Call and invite one friend or family member who wants to own a place of their own).

All POALH Members invited. Help your neighbors move their properties. Cottage/home prices are the lowest we have seen since 2004.

Receive a coupon for the BBQ food truck (must be 21). Make it a day. Visit open houses. (Earn food bucks - you might just

eat for free).

Followed by: The POALH Blues and BBQ event starting at 5 p.m.

Tour begins at Hayward Properties. Pick up the schedule at 1 p.m. and a bottle of water. All properties listed by Hayward Properties (860-537-2526).

Halloween in July returns to the lake on July 18; come dressed and bring candy

We are bringing back one of Lake Hayward's favorite events, Halloween in July, from 7-11 p.m. on July 18.

"Summerween" as one smart boy said.

Everyone, adults and kids can come dressed in your best Halloween attire and be prepared for fun, dancing and things that go bump in the night. Bring down a bag of

candy or treats for the children's trick-or-treat ... make them do a trick for you and reward the little goblins. We will have games and contests for young and old.

- Costume contest for the adults. Get those costumes ready now.

- Best scarecrow contest. Help decorate the beach and maybe scare the geese away.

- Halloween trivia. What do you know about this holiday?

- Candy corn guessing game.

- Raffles.

Have some Halloween fun with us and then dance the night away with a DJ. Suggestions or questions, call Linda 860-917-0613 or Fran 860-537-1988.

Guidelines updated for newsletter submissions; deadline is Monday at 6 p.m.

Send the submission to newsletter editor Mike Trocchi at miketrocchi@yahoo.com and lakehaywardct@gmail.com. Deadline for submissions is Monday 6 p.m.

Present your submission using the following formatting:

- Word document

- Garamond 10pt type

- 1/2 page = maximum of 420 words

- 1 page = maximum of 840 words

- Graphics and photos in .jpg format only

Classifieds:

- Will only run once a week but can be

resubmitted until sold;

- Teenage/youth services submitted once with beginning and end date of when they would be available;

- Community interest events or local fundraiser for charity, local fire dept., etc. submitted once with dates.

CPR class returns to the community on Aug. 1

Do you know what to do if a family member collapses in front of you? Do you know how to relieve choking?

If you want the skills to help a loved one in distress, take the American Heart Association's Family and Friends CPR course. This course teaches CPR and relief of choking in adults, children and infants. It is designed for members of the general public who would like to learn basic CPR, including families with children or elderly relatives and those who do not need a course completion card.

Course fee includes textbook and participation card.

This course is three hours long and costs \$10 per person. It will be presented at the pavilion on Aug. 1 from 9 a.m. to noon. Pre-registration is required. Payment is due the day of the class.

Register by emailing Bonnie Sudell at bonsudell@aol.com with CPR in the subject line or by calling Bonnie at 860-836-5245. Please include your name, lake address, email address, and phone number.

Classified announcements

Lost keys at First Beach: Went missing about a week and a half ago. If someone knows anything or has them, reach me at glomyers47@yahoo.com.

Entertainment center for large flat screen TV up to 50" with drawer, two compartments with doors and shelves. Good condition. \$50.00 860-537-2817.

Lake Quality Improvement Committee: Discharge drawing runs until Aug. 16

A Permit to Discharge Drawing will be held at POALH's Annual Meeting on Sunday, Aug. 16 with the winner walking away with \$200.

The drawing is open to all East & West side Lake Hayward residents and you need not be present at the Annual Meeting to win.

To enter:

- 1) Bring a copy of your permit to the annual meeting or
- 2) Submit a copy of your permit in advance (ok to leave in mailbox) to: Felicia Tencza at 22 Forest Way.

If you need a copy of your permit, call Chatham Health District: 860-365-0884

* Limit one permit per address. Drawing is sponsored by the Lake Quality Improvement Committee.

Monday garbage pickup continues until Sept. 8

All-Waste Control will collect trash and recyclables twice a week (Monday and Friday) through Sept. 8. The Town of East Haddam has implemented "single stream recycling" so it is no longer necessary to separate the various recyclables into separate containers and/or put them out on separate days. All recyclables can be combined and placed into a single container and put out with your regular trash. We must recycle:

1. Glass and metal food and beverage containers (rinsed); lids go in trash

(No broken glass, mugs, windowpanes, ceramics, light bulbs, mirrors, dishes or tempered glass)

2. Plastic containers Nos. 1 through 7 (rinsed); lids go in trash
3. Newspaper, magazines, cereal/pasta boxes, milk and juice cartons, junk mail (No phone books, wax- or plastic-coated cardboard, soiled newspaper or magazines, books, plastic (Tyvek) envelopes)

4. Cardboard (broken down) (No wax coated boxes, soiled boxes, pizza boxes)

Please place your trash in a covered container if it will be outside at night.

Contact All-Waste Control at 860-873-9005 with any questions.

POALH LEGAL NOTICE PAYMENT OF PROPERTY TAXES

All persons liable to pay real estate taxes to the Property Owners' Association of Lake Hayward as levied on the October 1, 2014 Grand List are hereby notified that the taxes are due and payable on July 1, 2015 at the mill rate of 3.50. The taxes will become delinquent on August 3, 2015 if not paid by this date. Delinquent tax bills shall be subject to interest of 1.5 percent per month reverting to the due date, July 1, 2015. The minimum interest charge is \$2. All persons in the Tax District who do not receive a tax bill should call the Tax Collector at 860-295-8769 to obtain their bill before the end of the grace period, August 3, 2015. Failure to receive a property tax bill does not invalidate the payment of the tax or related delinquent interest charge if not paid by August 3, 2015. Tax payments shall be made by mail to Tax Collector, Property Owners' Association of Lake Hayward, Post Office Box 230, Colchester, CT 06415.

Edward F. Bader

Join your neighbors for a full-moon paddle, starting from the public launch

Join East Haddam Land Trust members and friends to enjoy the second full moon of July 2015, a Blue Moon, in this full-moon paddle from the calm and open waters of Lake Hayward from 7:30-9:30 p.m. on July 31.

Meet at the state boat launch off East Shore Drive. Arrive in time to be in the water at

7:30 p.m. We'll paddle until about 9:30 p.m.

Paddlers should have PFDs (personal flotation devices), drinking water, a flashlight, and wear clothing appropriate for nighttime paddling.

Questions? Call Rob Smith at 860-873-2189 or 860-608-6811 or email president@ehlt.org.

What: Full-moon paddle.

When: 7:30-9:30 p.m. July 31

Where: Public boat ramp on East Shore Drive

Free library stationed at First Beach Pavilion thanks to Girl Scout Troop 10691

You might have noticed a recent inclusion to the First Beach area in the form of a "Little Free Library." A Little Free Library is a wooden box that looks like an oversized

birdhouse. This one is painted blue and orange. People can take books in and out from the library for free, providing literature for people who enjoy reading and

might not have access to a larger library. This addition was made by Girl Scout Troop 10691 member Sidney Bennett for her Silver Award Project.

Lake Hayward Memories: Bob Sudell starts us off with the first in a series

By Bob Sudell

One of my favorite memories is a recent one that occurred the night of the annual Second Beach Pot Luck. We had guests staying until Sunday, so we all prepared something for the pot luck. We were expecting friends from Vermont to arrive Sunday afternoon, but knew they were planning on camping Saturday at a nearby campground.

The night of the pot luck, it rained. I mean, it really poured. I mean, as Hilton would say, “a real gullywhomper.” Well, we had our own pot luck in our garage. We thought about our friends from Vermont

LAKE HAYWARD MEMORIES

and wondered how they were holding up.

No sooner had one of us voiced the thought than our phone rang. Now, I grew up with Bill, and I knew he would never admit defeat. So it was with great surprise that his wife called to ask if they could stay with us Saturday night. It seems they arrived just as the rain began. They weren't concerned as they thought they would just set up the tents and hunker down. It did

not go well.

In fact, it rained so hard that the ladies went to McDonald's to stay dry while the men set up the campground. Soon, the men joined the ladies. It seems the most important part of the tents – the poles – were still in Vermont.

The call was placed, could they stay with us? Of course they could, the more the merrier.

We made room at the table and found room on the floor. It was one of the best weekends ever. Whoever said “A full home is a happy home” is absolutely right!

Lake Quality Improvement Committee: Meeting set on watershed management

What's a Lake & Watershed Management Plan (LWMP)?

Does Lake Hayward need a LWMP?

What does it mean to me?

How can I have input to the LWMP?

All good questions and glad you asked. At the Town Hall Meeting at 10 a.m. on Saturday, July 18, you will get answers to the above questions and much more. The Lake & Watershed Management Plan portion of the meeting will be open to all Lake Hayward residents (east side and west side) since protection of the lake is critically

important and a responsibility of all of us.

So come learn about the Lake and Watershed Management Plan for Lake Hayward that is under development by the Lake Quality Improvement Committee (LQIC).

Your participation is encouraged to learn about this important long-range initiative for Lake Hayward, learn about threats facing the lake and to offer your perspectives and ideas on the plan and dealing with these issues and threats. Hearing your comments is critical to development of a well-thought-out plan.

Conducting the meeting will be members

of LQIC alongside limnologist Rick Canavan, Ph.D, of CME Associates. Canavan has worked with LQIC in the preliminary stages of plan development. The plan outline, which can be found on the POALH website (http://www.lakehaywardct.com/docs/lakeplan_2015.pdf), is a product of the work performed to date by Rick and LQIC. You are encouraged to review it in advance of the July 18 Town Hall. Please attend if you can. It is a great opportunity for your voice to be heard as we discuss the future of Lake Hayward.

Goodspeed summer music series continues Mondays

All free concerts are held on Monday nights from 6:30-8:30 p.m. at the green of the Goodspeed Opera House. If it rains, the concerts will be moved to the Hale-Ray High School Auditorium (please call the Recreation Office 860-873-5058, check www.easthaddamrec.com or their Facebook page if weather is questionable).

Great food and drinks will be available to purchase at the Gelston House or bring a

picnic dinner. Free parking is available in the Goodspeed Opera House parking lot, behind the Gelston House with additional parking and a shuttle bus from Eagle Landing in Haddam if needed.

All children under the age of 16 must be accompanied by an adult. No dogs, smoking, vendors or soliciting at the concerts and no parking on residential streets are allowed.

Change for Arts & Crafts

This week, we will make scarecrows that the kids can enter into the scarecrow contest at our Halloween in July event.

Please bring an old pair of pants, long sleeve shirt and plain pillowcase. We will have on hand hay to stuff your scarecrow, twine, fabric paint to decorate the pillowcase head, and straw hats. Moms and dads, please plan on helping your younger kids with this craft. Bring your scarecrow to Halloween in July on Saturday, July 18 and win a great prize.

An Acoustic Evening With
dis-connected
 Friday July 17, 2015
 8-11pm @ Lake Hayward Pavilion



BYOB and snacks along with your BFF and kick back and enjoy the sweet sounds of **dis-connected**.

dis-connected is a New Haven based acoustic duo playing music from the 60's to today and putting their own spin on some old favorites. Come join us under the stars.

"It doesn't have to be plugged in to be good"

www.dis-connected.net

Garden for the lake community: Riparian buffer gardens and rain gardens

Did you know we have a specially designed riparian garden at Lake Hayward? It is at Second Beach and was a project spearheaded by the Eightmile River Wild & Scenic Watershed collaborating with the Connecticut River Coastal Conservation District and the Lake Hayward Garden Club.

The garden designer, Kathy Connolly, will be speaking at a **special POALH event** on Saturday, July 25, from 10 a.m. to noon at

the First Beach Pavilion. Kathy is a master landscape designer, educator and speaker. You can learn more about her on her web site <http://www.speakingoflandscapes.com>. A riparian buffer is a vegetated area along the side of a stream, pond or lake. It can be a garden bed or simply a naturally vegetated area. These prevent erosion and slow and filter storm water runoff as well as make life difficult for the geese that prefer short grass.

What is a rain garden?

A rain garden is not at the water's edge like a riparian garden, but is where rainwater runs across properties and can eventually drain into the lake. It is a garden in the shape of a flat-bottomed bowl that uses stones, soil, mulch and plants to slow down the flow of water. It can be a great help with

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Social and Recreation: New chairman takes over committee planning

Don Smith is now the social committee chairman. The calendar, located at <http://lakehaywardct.com/html/calendar.html> is your reference to the season's events. Please visit often as updates are made frequently. You will also see calendars included in the electronic and printed weekly newsletters. Other event information can be seen in the kiosks at each beach. If you don't see an event from the past on the calendar and would like to bring back and sponsor that event, please contact Don Smith (860-338-1659) or email at donsmith@donsmitty.com.

Dance Aerobics Classes

Carol Moriarty has again offered to teach the classes for free this year. They are held each Tuesday at 9 a.m. at the Pavilion and will run from June 30 through Sept. 1.

Kid's Arts and Crafts/Bingo

Kid's Arts and Crafts with Colleen will be held each Tuesday at 7 p.m. at the Pavilion and run from July 7 through Aug. 11. Kid's Bingo with Linda & Phil will be held each Wednesday at 7 p.m. at the Pavilion and run from July 8 through August 12.

Upcoming Events

On July 11, at the Pavilion, we have some great Blues & BBQ as the first of four food and band events. GottaQ-BBQ Food Truck and Catering will provide the food beginning at 5 p.m. See the menu at: http://www.donsmitty.com/Blues_&_BBQ.htm. Food tickets are \$1 each or buy 8 tickets for only \$5. Tickets can also be used for other Food Truck events. Put your

dancing shoes on for the Eran Troy Danner Blues Band from 7-10 p.m.

And on July 17, at the Pavilion, "Disconnected," an acoustic guitar duo will be playing from 8-11 p.m. Come on down, kick back or get out on the dance floor as you listen to music from Donna and Michelle. View this event's poster at <http://donsmitty.com/disconnected.htm>.

On July 18, at the Pavilion, a Town Hall meeting will be held from 10 a.m. to noon. Come down and share what's on your mind.

Also on July 18 at the Pavilion, Halloween in July returns from 7-11 p.m. after being absent for many years. So don your best Halloween costume and be prepared for some fun, dancing and things that go bump in the night. The event starts at 7 p.m. with a Trick or Treat for the kids so please bring your candy.

DJ Brandi Hood will be playing from 7-11 p.m. with the first hour being spooky Halloween music followed by something to get your dancing feet moving.

And prizes will be awarded. Categories will include best scarecrow made by a child and best adult costume. Fran (860-537-1988) and Linda (860-917-0613) are sponsoring this event and will answer your questions or take suggestions. View this event's poster at <http://donsmitty.com/Halloween.htm>.

July 25th, at the Pavilion, a Lake Garden Event with Kathy Connolly will be held from 10 a.m. to noon. Learn what riparian areas are and how

these ecosystems differ from upland vegetation. Learn about plants for riparian areas and how they prevent erosion of the soil, how they influence lake water quality and the health of the wildlife in and around the area.

July 25, at First Beach, a boat parade is being planned so start thinking of a theme for your aquatic vehicle and we will bring you more information in upcoming newsletters.

July 25, at the Pavilion, the second food and band event is still in the planning stage and we hope to bring you a Mexican food truck. Fusion returns as the night's band entertainment and will be playing from 8-11 p.m.

Aug. 1, at the Pavilion, CPR class with Bonnie Sudell will be held from 9 a.m. to noon. Course fee includes textbook and participation card. This course is three hours long and costs \$10 per person. Pre-registration is required.

Payment is due the day of the class. Register by emailing Bonnie Sudell at bonsudell@aol.com with CPR in the subject line or by calling Bonnie at 860-836-5245. Please include your name, lake address, email address, and phone number.

Volunteers Needed

Diane & Linda are planning for our annual beach and carnival day being held on Aug. 22 from Noon-6 p.m. It takes many volunteers to help with each activity and game.

Please volunteer for this afternoon of fun and games. Diane can be contacted at 860-305-7305 or flowersrdiane@gmail.com.

Be sure to hang parking permits on your cars and display boat stickers

By Bonnie Sudell

Your 2015 Spring Packet contained four (4) hang-tag design Parking Permits for your family and guests. Please hang off your rear-view mirror so that they are visible through your windshield. These permits replace all previous permits, including separate guest passes, and are the only permits that will be accepted when you park on Association property. It is your responsibility to inform guests and/or renters of the need to display these permits when on Association property. It is your responsibility to ensure that Parking Permits are returned to your prop-

erty by guests and/or renters. The POALH assumes no responsibility for vehicles that do not display the current permit.

Please do not confront anyone who is not in compliance.

Watercraft

Watercraft on Association property should display both your lake address and a green boat registration sticker. Racks are available on a first-come, first-serve basis. Please place lighter watercraft (i.e. kayaks, aluminum canoes) on the upper racks as a courtesy to those with heavier boats. Please do not

leave watercraft on the grass as it kills the grass and makes lawn maintenance difficult.

Make note of the make, model and serial number of your watercraft and keep it in a safe place.

You will need this information to identify your watercraft in case of theft.

Please lock your watercraft. The POALH is not responsible for theft or damage to watercraft on Association property.

Registration stickers are available by contacting POALH treasurer Lee Griffin.

Lake Hayward Events Calendar

Go to www.lakehaywardct.com for updates

JULY 2015

SUN	MON	TUE	WED	THU	FRI	SAT
			1 POALH taxes due	2	3	4 Independence Day
5	6	7 Dance Aerobics w/Carol, 9 a.m. at the Pavilion; Kids Arts & Crafts 7-8 p.m.	8 Kid's Bingo, 7-8 p.m.	9	10	11 Eran Troy Danner Blues Band (with BBQ at 5 p.m.) 7-10 p.m.
12 Kumro Private Party, Noon-7 p.m.	13	14 Dance Aerobics w/Carol, 9 a.m. at the Pavilion; Kids Arts & Crafts 7-8 p.m.	15 Kid's Bingo, 7-8 p.m.	16	17 Dis-Connected Acoustic Band, 8-11 p.m.	18 Town Hall meeting, 10 a.m. to noon at the Pavilion; Halloween in July, 7-11
19 Vitello Private Party 10 a.m. to 5 p.m.	20	21 Dance Aerobics w/Carol, 9 a.m. at the Pavilion; Kids Arts & Crafts 7-8 p.m.	22 Kid's Bingo, 7-8 p.m.	23	24	25 Lake Garden Event w/Kathy Connolly, 10 a.m.-noon; Boat Parade: 1 p.m.; Fusion & Mexican Food 6-11 p.m.
26	27	28 Dance Aerobics w/Carol, 9 a.m. at the Pavilion; Kids Arts & Crafts 7-8 p.m.	29 Kid's Bingo, 7-8 p.m.	30	31	

AUGUST 2015

SUN	MON	TUE	WED	THU	FRI	SAT
						1 CPR class 9 a.m. to noon, Pavilion; 2nd Beach Pot Luck Dinner, 6 p.m. Movie on the Beach, 113 Lake Shore Dr.
2 Marvin Private Party 3-7 p.m.	3	4 Dance Aerobics w/Carol, 9 a.m. at the Pavilion;	5 Kid's Bingo, 7-8 p.m.	6	7 Cribbage Tournament, 7 p.m., Pavilion	8 Kids Fishing Derby 7:30-9:30 a.m.; Redhead Band; The Brick & Basil Pizza Truck, 5-11 p.m.
9 Smith Private Party 11 a.m. to 5 p.m.	10	11 Dance Aerobics w/Carol, 9 a.m. at the Pavilion;	12 Kid's Bingo, 7-8 p.m.	13	14	15 Lake Hayward Days begins; Campout on Second Beach, 5 p.m.
16 POALH Annual Meeting, 10 a.m., Pavilion	17 Chocolate Bingo, 7 p.m., Pavilion	18 Dance Aerobics w/Carol, 9 a.m. at the Pavilion	19 Cake Walk, 7 p.m., Pavilion	20 Ladies' Night, 5 p.m., Pavilion	21 Night at the Races, 7 p.m., Pavilion	22 Beach Games Noon-2 p.m.; Carnival 3-6 p.m.; Karaoke w/Greg Cardova 7-11 p.m.
23	24	25 Dance Aerobics w/Carol, 9 a.m. at the Pavilion	26	27	28	29 Krauss Party 9 a.m. to 3 p.m.; Turkey Foot Band and Munchies Food Truck 5-11 p.m.
30	31					

ERAN TROY DANNER
APPEARING LIVE!
 See my full calendar at etdmusic.com

GOTTA Q
 BBQ FOOD TRUCK & CATERING

SATURDAY JULY 11, 2015
5:00 PM - 10:00 PM
FOOD TRUCK 5:00 PM
ETD BAND 7:00 PM

BLUES & BBQ

The first event of the season will get you rockin' to some great Blues & BBQ provided by Eran Troy Danner and GottaQ BBQ Food Truck and Catering. Visit their Facebook pages to learn more.

Food tickets \$1 each...or buy 8 tickets for only \$5
GREAT DEAL!

We need a headcount to ensure enough BBQ for everyone so please send an email to Donsmith@donsmitty.com with the number of people purchasing food.

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rainwater runoff problems on your property. When designing one of these gardens, it is helpful to know how much runoff needs to be handled, what type of soil you have (sandy soil requires less garden depth than clay or silty soil), and the slope of the problem area.

These factors will help you determine the depth and size of the garden to be most effective. It can be any size, but is more effective if it is sized based on the steepness of the slope and the flow of water runoff.

There are specific equations to determine size online. One good publication is "New

Hampshire Homeowner's Guide to Storm-water Management Do-It-Yourself Storm-water Solutions".

The lake's east side property owners and other East Haddam lake residents are also invited. Please remember your parking hangtag if you drive.

2nd Annual Lake Hayward Triathlon
August 22, 2015
Second Beach Start, First Beach Finish!
Start Time: 8:00 AM
Entry Fee: \$30

It's back! The second annual Lake Hayward Sprint Triathlon! This end of summer, non-competitive event invites Lake Hayward residents, of all ability levels, to enjoy swimming, biking and running around our beautiful Lake. The event consists of an approximate 1/3-mile swim, 12 mile bike ride and 4 mile run around Lake Hayward.

*Participants assume all risk associated with this event. There will be no lifeguards on duty and roads will be open to traffic. All participants must wear helmets while riding.

Please mail/drop off entry form and fee to:

POALH
83 Wildwood Rd
Colchester, CT 06415

Registration Deadline: August 2nd. Event limited to the first 50 registrants.

Please contact Heather Taylor at htay9996@gmail.com with any questions.

First Name _____

Relay Team (Optional): Each participant must register separately and complete the form below.

Last Name _____

First and Last Name _____

Lake Address _____

Please circle your event:

Phone _____

Swim Bike Run

Email _____

First and Last Name _____

T-Shirt Size: S M L XL XXL

Please circle your event:

Emergency Contact

Name _____

Swim Bike Run

Phone _____

Help Wanted!!! We need volunteers to help make this event a success. Please complete the information below if you are able to volunteer at this event (7:30 AM-11 AM). You will be contacted via email with further details.

Volunteer Name _____

Email _____

P.O.A.L.H. Voting Registration

Please email this form to www.lakehaywardct@gmail.com
or mail to POALH, Box 230, Colchester, CT 06415

I hereby certify that (check one):

_____ I am an elector of the Town of East Haddam and reside within said limits of the Association

or

_____ I have attained the age of eighteen years and own any legal lot within said limits which has an assessed value equal to or in excess of one thousand dollars.

Printed Name: _____
Please print legibly

Signature: _____

Association Address: _____

Secretary-Clerk

Date Approved

SATURDAY JULY 18, 2015

7:00 PM - 11:00 PM

HALLOWEEN IN JULY

DJ BRANDI 7:00 PM



Halloween in July!

“Summerween” as one smart boy said. Everyone, adults and kids, come dressed in your best Halloween attire and be prepared for fun, dancing and things that go bump in the night. Bring down a bag of candy or treats for the children’s Trick or Treat...make them do a trick for you and reward the little goblins.

We will have games and contests for young and old:

- Costume contest for the adults**
- Best made scarecrow contest**
- Trivia**
- Candy corn guessing game**
- Raffles**

Have some Halloween fun with us and then dance the night away with DJ Brandi.

Ideas, questions, call Linda 860-917-0613 or Fran 860-537-1988.

Beach Rules



1. Parents or chaperones are responsible for their child’s safety and their child’s actions at all times.
2. Children cannot be left at the beach unattended.
3. Infants must be in leak-proof diapers at all times.
4. No fishing from the beach and within 25 feet of swim area.
5. Dogs are never allowed on the beach.
6. Vehicles are not allowed on any beach at any time.
7. No glass on any beach or in the pavilion.
8. All trash and cigarette butts must be removed from the beach and beach area and disposed of properly.
9. Use of the beach and beach area is limited to Association members and their guests.
10. Cars parking in a beach parking area must display a current POALH parking permit.
11. Beaches and Association properties are closed from Midnight to 6 a.m. Police take notice.

Board member contacts

Bob Sudell — President/Representative At Large	860-678-1392 robertsudell@aol.com
Cari Eckert — Vice President/First Beach Representative	860-268-1834
Bonnie Sudell — Secretary/Second Beach Representative/Public Safety	860-678-1392
Gail Grzegorzczak — Third Beach Representative	860-531-9008; 203-988-0559
Gary Petersen — Properties Committee/Representative At Large	860-324-9029
Deborah Smith — Second Beach Representative/Water Company Liason	860-823-8172
Mike Trocchi — Newsletter and Website	miketrocchi@yahoo.com
Lee Griffin — Treasurer	860-656-6938
Ed Bader — Tax Collector	860-295-8769
Jason Griffing — E-mail alerts/membership directory /Representative At Large	ilikeicecream@msn.com
Janet Soboleski — Newsletter Delivery	860-537-1012
Don Smith — Pavilion Reservation	860-338-1659
Gail Edgington — Promotional Items	203-314-2764
Shannon McKane — Promotional Items	203-815-2585
Kathy Petersen — Garden Club	860-878-7599
Felicia Tencza — Lake Quality Improvement Chairwoman	bmr948@yahoo.com
Resident State Trooper	860-537-7500
East Haddam Police	860-873-1226
Confidential Tip Line	860-873-5013
Connecticut Water Company	800-286-5700