



CORNY JOKE OF THE WEEK: WHY DON'T THEY PLAY POKER IN THE JUNGLE? SEE PAGE 2

Message from the President: Keep an eye out for turtles

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Upcoming Events

- 7/8 **REDHEAD BAND,**
7-11 p.m. at First Beach Pavilion
- 7/9 **YOGA ON THE BEACH**
w/ **KARLA,** 9-10 a.m. at First Beach
- 7/10 **KIDS ARTS & CRAFTS**
First Beach Pavilion, 7-8 p.m.
- 7/11 **KIDS BINGO,** 7-8 p.m. at First Beach Pavilion

Last weekend was colorful and loud. It was great sitting by the lake as the sun went down and enjoying everyone's Fourth of July celebrations. The water is finally warming up so you don't shiver when you jump in. This Saturday night (July 8) will feature a band at the pavilion. Bring your own food and beverages in non-breakable containers and enjoy.

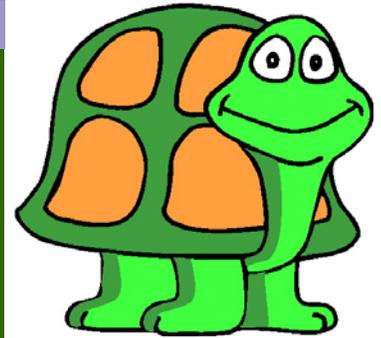
We are nearing the end of the turtle-nesting season, but I want to pass on some info about our other lake residents. Be on the lookout for turtles crossing roads. Aquatic turtles look for nesting sites on land and are often crossing the roads to do this.

We have had our turtle-crossing sign on the road coming into the lake stolen a few times and it is getting too expensive to keep replacing it.

What: RedHead Band.

When: 7-11 p.m. Saturday.

Where: First Beach Pavilion.



the same general area to lay their eggs. Snapping turtles can be feisty, so if you need to move them, pick them up by the back of their shells and not their tail since they bite. Some people use a shovel or stick to push them across the road.

Newly hatched turtles have a low survival rate. They have many predators, but they do live long lives once they reach maturity. We need to watch out for our turtles. I enjoy seeing their heads pop up out the water when I paddle by.

According to Connecticut DEEP Wildlife Division director Rick Jacobson, "Helping a turtle move across the road can be the difference between life and death for the animal, and for future generations, but your safety comes first. Be sure to assist a turtle in the road only when it is safe to do so and do not attempt to stop traffic."

Make sure the turtle is pointed in the direction they were going. Turtles have a home range and females often go back to

Contact POALH:

POALH
P.O. Box 230
Colchester, CT 06415
carie@lakehaywardct.com

Walk-up mailbox:

83 Wildwood Rd.

Newsletter submission guidelines for 2017

Send the submissions to newsletter editor at secretary@lakehaywardct.com. Deadline for submissions is Sunday 6 p.m. Present your submission using the following formatting:

- Word document
- Garamond 10-point type
- Single space after punctuation.
- 1/2 page = maximum of 420 words

- 1 page = maximum of 840 words
- Graphics and photos in .jpg format only

Classifieds

- Will only run one week, but can be resubmitted until sold
- Teenage/youth services run once with beginning and end date of availability

· Community interest events or local fundraisers for charity, local fire department, etc. run once with dates. No advertising of professional businesses or services will be allowed.

The newsletter editor and board reserves the right to modify format, graphics or text as necessary to meet publishing guidelines.

Submissions received after the deadline will be included in following newsletter, unless voided due to time-sensitive content.

Summer concerts run all season on the lawn by Goodspeed Opera House

All free concerts are held on Monday nights from 6:30-8:30 p.m. at the green of the Goodspeed Opera House. If it rains, the concerts will be moved to the Hale-Ray High School Auditorium (please call the Recreation Office 860-873-5058, check www.easthaddamrec.com or our Facebook page if weather is questionable).

Great food and drinks are available to purchase at the Gelston House or bring a picnic dinner. Free parking is available in the Goodspeed Opera House parking lot with additional parking and a shuttle bus from Eagle Landing in Haddam. The Music on the River site is made possible through the generous support of Goodspeed Musicals. All children under the age of 16 must be accompanied by an adult. No dogs, smoking, vendors or soliciting at the concerts and no parking on residential streets are allowed.

July 17: Plywood Cowboy

Formed in 2015 in the Connecticut River Valley, Plywood Cowboy is poised to re-write the Great American Songbook. Bottle-fed on roots music, multi-instrumentalist, singer/songwriter Steve Dedman and his band strike deep at the soul of American music with songs about hound dogs, heart strings, and the vice of the bottle. "With great harmonies, clever songs & tasty guitar pickin', Plywood Cowboy is one of the best new bands on the Americana scene."

July 24: ShoreGrass

ShoreGrass is a bluegrass band from the Connecticut shoreline comprised of Frank and Barbara Shaw (banjo and guitar), Paul Pozzi (mandolin), Scott Freemantle (bass) and Stacy Phillips (fiddle and Dobro). Per-

Music on the River

forming locally as well as around the Northeast since 1996, their music is a lively mix of traditional bluegrass, old-time, early country, gospel and folk songs as well as original pieces reflecting their roots in contemporary music with a local flavor. The group has several singers who alternate leads on three-part vocal harmonies, all delivered with the special sense of humor that marks all ShoreGrass performances. The band has released four albums, including "In Connecticut" (2001), "Songs of the Civil War Era" (2005), "Going Home" (2007) and "Hummingbird" (2014). Bluegrass Unlimited magazine called their music "a pleasant collection of down-home music that should attract considerable attention for the band." Information is available at www.shoregrass.com or www.facebook.com/shoregrassbluegrass.

July 31: Dizzy River Band

The Dizzy River Band play a broad eclectic mix of originals and covers. With guitar, bass, drums and beautiful harmonies, Dizzy River draws liberally from music spanning decades, from all across the musical spectrum, turning it into something uniquely their own: pure, sweet, joyful. Best of all, the Dizzy River Band is organic and locally grown in the lower CT River Valley.

Aug. 7: Neal and the Vipers

Neal & the Vipers are a Rhode Island based band, playing American Roots Music encompassing blues, rock & roll, rockabilly, and surf, entertaining their fans for more than 30 years. You can feel the chemistry as they play original hit songs from their multiple CD's as well as covering the classics.

Neal Vitullo as well as the Vipers have shared the stage with many music legends such as B.B. King, Roy Buchanan, John Lee Hooker, Bonnie Raitt, Albert Collins, Greg Allman, Jimmy Vaughan, Willie Dixon, Johnny Copeland and Robert Plant.

Aug. 14: Don Bryant

Raised in the bosom of the church, Bluff City, Tenn., native, Bryant began his career performing with his brothers and later with the Four Kings. Following, Bryant began working with Hi Records impresario Willie Mitchell. Singing for Mitchell's band and as a solo artist on Hi in the late 1960s. For the last few decades, Bryant has played the role of songwriter and supportive husband, turning the spotlight to his wife and fellow Hi great Ann Peebles. Bryant wrote or co-wrote signature hits for Peebles including "I Can't Stand the Rain," "99 Pounds," and "Do I Need You." Moving behind the scenes, Bryant worked as a songwriter for Solomon Burke, Albert King, Etta James and others. But love, and his biggest commercial success, would come in 1970, after he partnered up with Peebles. Bryant returned to a solo career, doing some guest appearances with Memphis retro R&B band the Bo-Keys, and ultimately culminating in his first secular album since the 1970s.

Aug. 21: Harbor Moon

Harbor Moon brings original songs with a flavor of the tropics. along with classic rock, reggae and country covers, to our quintessential riverside venue. Harbor Moon was recently nominated as Best New Act at the Trop Rock music awards held in Key West, Fla. Featuring local musicians from the shoreline, their music transports you to your favorite island vacation spot.

Classifieds

Push Mower for Sale: Good condition, \$25. Call Janet at 860-578-5850.

For sale: Aluminum Canoe 15', capacity 900 Lbs., with paddles, \$250. Call 678-315-2730.

Free firewood: Must be split. For more details, call 860-416-8134.

Wanted to rent a garage to house one car for the 2017 summer season. Please call Eric at 860-313-0585 or cell 860-205-5957.

Corny joke answer:

Too many cheetahs!



SATURDAY JULY 8, 2017
7:00 PM - 11:00 PM



REDHEAD

Back by popular demand the Soulful Classic
Rock & Blues Band 'REDHEAD'
will get you on your feet dancing!

Visit their Facebook Page to learn more at:
<https://www.facebook.com/RedheadBandRocks/>

LAKE HAYWARD GOLF TOURNAMENT

Saturday, July 22, 2017; 8:30AM-1 P.M. at Black Birch C.C.

WHERE: Black Birch Country Club, 10 Banner Road, Moodus (East Haddam) 860-873-9075

WHEN: Saturday, July 22, 2017; shotgun start PROMPTLY at 8:30AM

FORMAT: Scramble, 4 person teams (sign up as a group or 1, 2, or 3 and we will pair you up with other POALH members)

PRICE: \$65. payable to POALH/Golf; payment of entry fee confirms entry; deliver to POALH mailbox at 83 Wildwood Road or to Chairmen Fred Odell (860)537-3609 or 860-529-6064 (273 Lake Shore Dr.) or Don Biancamano (860) 537-3577 (73 Lake Shore Drive). Due to our need to pay all costs at or before the Tournament date, checks can only be accepted one week prior to the event; thereafter all payments must be made in cash (per POALH).

Entry fee of only **\$65.** per golfer includes, practice range from 7:00 AM, golf, cart, snacks, barbecue meal at Jack's Place Restaurant at the course, on course contests, and team(s) prizes.

YES, please sign me up for the POALH Golf Tournament. I will be playing with the following OR need a group and enclose payment for: _____, _____, _____, and _____.

Name: _____ Phone/E-mail: _____

This event was SOLD OUT in 2016! The price remains the same thanks to the cooperation of the staff at Black Birch. Due to cart availability our limit is 72 golfers. This Tournament is for POALH members and their guests. Thank you.

CPR course will be offered twice during this summer

Bonnie Sudell will again offer the American Heart Association's Family and Friends CPR course to Association members.

The courses will run Saturday, July 22, from 9 a.m. to noon and Saturday, Aug. 19 from 1-4 p.m. at the First Beach Pavilion.

Family and Friends is designed for members of the general public who would like to learn basic CPR and relief of choking, including families with children or elderly relatives, and those who do not need a course completion card.

Course fee includes textbook and participation card. This course is three hours long and \$10 per person. Pre-registration is encouraged, but not necessary.



Register by emailing Bonnie at bonnies@lakehaywardct.com with your name, lake address and phone number.

Garbage pickup twice-weekly through Sept. 5

All-Waste Control is now collecting trash and recyclables twice a week (Monday and Friday) during the summer.

The last Monday pickup will be Sept. 5, after which pickup will be on Fridays only.

The Town of East Haddam has implemented "single stream recycling" so it is no longer necessary to separate the various recyclables into separate containers and/or put them out on separate days. All recyclables can be combined and placed into a single container and put out with your regular trash.

The Lake Hayward Store is open again ... look for us at the beach!



Coffee and color-change mugs



New logo Ts in soft heavy white cotton!



Plastic wine glasses



License-plate holders



Cooler bags—great for soda or beer



LH decals



Zip Sweatshirts



Colorful Tree Ts



Wooden signs

4th Annual Lake Hayward Triathlon

August 26, 2017/Rain Date: August 27, 2017

Second Beach Start, First Beach Finish!

Start Time: 8:00 AM

Entry Fee: \$25/Individual

\$40/Two-Person Team

\$50/Three-Person Team

The fourth annual Lake Hayward Sprint Triathlon is less than three months away! This end of summer, non-competitive event invites Lake Hayward residents, of all ability levels, to enjoy swimming, biking and running around our beautiful Lake. The event consists of an approximate 1/3-mile swim, 12 mile bike ride and 4 mile run around Lake Hayward.

*Participants assume all risks associated with this event. There will be no lifeguards on duty and roads will be open to traffic. All participants must wear swim caps during the swim and helmets while riding. Swim caps are provided.

Please mail/drop off entry form and fee to:

**POALH
83 Wildwood Rd
Colchester, CT 06415**

Registration Deadline: July 31st. Event limited to the first 50 registrants.

Please contact Heather Taylor at htay9996@gmail.com with any questions.

Name _____

Lake Address _____

Phone _____

Email _____

T-Shirt Size: S M L XL XXL

Emergency Contact(s)

Name _____

Phone _____

Name _____

Phone _____

Relay Team (Optional):

Teammate 1

Name _____

Please circle your event:

Swim Bike Run

T-Shirt Size: S M L XL XXL

Teammate 2

Name _____

Please circle your event:

Swim Bike Run

T-Shirt Size: S M L XL XXL

Help Wanted!!! This event is only a success because of our awesome volunteers! Please complete the information below if you are able to volunteer at this event (7:30 AM-11 AM). You will be contacted via email with further details.

Volunteer Name _____

Email _____

T-Shirt Size: S M L XL XXL

Beach Rules



1. Parents or chaperones are responsible for their child’s safety and their child’s actions at all times.
2. Children cannot be left at the beach unattended.
3. Infants must be in leak-proof diapers at all times.
4. No fishing from the beach and within 25 feet of swim area.
5. Dogs are never allowed on the beach.
6. Vehicles are not allowed on any beach at any time.
7. No glass on any beach or in the pavilion.
8. All trash must be removed from the beach and beach area and disposed of properly.
9. Use of the beach and beach area is limited to Association members and their guests.
10. Cars parking in a beach parking area must display a current POALH parking permit.
11. Beaches and Association properties are closed from Midnight to 6 a.m. Police take notice.
12. No smoking on the beaches.

Contacts

Cari Eckert — President/First Beach Representative	860-268-1834; carie@lakehaywardct.com
Bonnie Sudell — Secretary/Second Beach Representative/Public Safety	860-678-1392; bonnies@lakehaywardct.com
Gail Miers — Third Beach Representative	860-531-9008; gailm@lakehaywardct.com
Gary Petersen — Properties Committee/Representative At Large	860-324-9029; garyp@lakehaywardct.com
Don Smith — Second Beach Representative	860-338-1659; events@lakehaywardct.com; dons@lakehaywardct.com
Bill Taylor — Third Beach Representative	860-537-0480; williamt@lakehaywardct.com
Adam Thompson — First Beach Representative	860-214-1030; adamt@lakehaywardct.com
Corinne Halliday — Representative At Large/LQIC chairwoman	corrinneh@lakehaywardct.com
Mike Trocchi — Newsletter and Website	webmaster@lakehaywardct.com
Lee Griffin — Treasurer	860-656-6938; treasurer@lakehaywardct.com
Ed Bader — Tax Collector	860-295-8769; taxcollector@lakehaywardct.com
Jason Griffing — E-mail alerts/membership directory /Representative At Large	jasong@lakehaywardct.com
Moira Boone—Promotional Items	mfboone@optimum.net
Resident State Trooper	860-537-7500
East Haddam Police	860-873-1226
Confidential Tip Line	860-873-5013
Connecticut Water Company	800-286-5700