

July 7, 2018



# Lake Hayward

**KEEP COOL AND STAY HYDRATED!**

## Message from the President: Summer heats up quickly

### Inside this issue:

Lake Hayward store	2
Classifieds	2
Submission guidelines	2
Furious George	3
Triathlon signup sheet	4

### Upcoming Events

- 7/7 **BAND REDHEAD,**  
7-11 p.m. at First Beach Pavilion
- 7/10 **KIDS ARTS AND CRAFTS,** 7-8 p.m., First Beach Pavilion
- 7/11 **KIDDIE BINGO,**  
7-8 p.m., First Beach Pavilion
- 7/13 **BAND 60s EXPLOSION,**  
7-11 p.m. at First Beach Pavilion

**HOT! HOT! HOT!** Thank goodness we are at a lovely lake to jump into and cool off.

Start looking through your things for Tag Sale potential. On July 21, the POALH will once again have a Tag Sale in the Pavilion. Tables are available and you will need to contact me at [president@lakehaywardct.com](mailto:president@lakehaywardct.com), if you would like a table. We were able to fit 12 tables under the pavilion when we last had a Tag Sale, so contact me soon so you don't miss out on a table.

Our next member meeting is a town hall meeting on July 22.

We will devote some of our time at the end of the town hall to discuss placement of boat docks and would like all residents interested in this topic to attend.

Remember, if you are still celebrating Independence Day this weekend, no fireworks are allowed on POALH property. Please do not bring them to Second Beach or any other POALH beach.

Have a healthy and happy weekend and I will see you at the Redhead Band event from 7-11 p.m. on Saturday night, July 7.

### UPCOMING BANDS

**What: Redhead band.**

**When: 7-11 p.m., Saturday, July 7.**

**Where: First Beach Pavilion.**

**What: 60s Explosion**

**When: 7-11 p.m., Friday, July 13**

**Where: First Beach Pavilion**

### Contact POALH:

POALH  
P.O. Box 230  
Colchester, CT 06415  
[carie@lakehaywardct.com](mailto:carie@lakehaywardct.com)

### Walk-up mailbox:

83 Wildwood Rd.

## Care for your septic system and you care for your lake

A typical septic system has four main parts:

1. A pipe from the home that carries the wastewater into the tank
2. A tank that holds the water long enough for the solids to settle out to the bottom and the oil and grease to float to the surface
3. A drain field where the water from the tank is discharged
4. The soil where the microbes provide the final treatment

As a homeowner you are responsible for maintaining your onsite septic system (otherwise known as an onsite wastewater treatment system). The regular maintenance will not only protect nearby surface and groundwater from being contaminated, but also will protect your health and your investment in your home.

Typical pollutants found in household wastewater include nitrogen, phosphorus, and disease-causing bacteria and viruses. A properly designed, constructed, and maintained system can provide long-term, effective treatment of house-

hold wastewater. If not properly maintained, a failing system can cost thousands of dollars to replace.

### How to maintain your septic system

1. Regularly inspect your system and pump your tank as necessary. It's a good idea to have your system inspected every two to three years. In general, your system should be pumped every three to five years, but this depends on how much your system is used and its size. Your inspector can

See SEPTIC, Page 2

## Please visit the Lake Hayward Store!



New this year!

**Hoodie sweatshirts**



**Baseball caps**



**White cotton Ts**

**And much more including mugs, license-plate covers, signs, decals, wine glasses and cooler bags!**

### WHERE & WHEN to find us:

**First Beach on Saturday, July 7th 7-9pm during the first half of Redhead's performance.**

## Septic care is important for the lake's health

### SEPTIC, From Page 1

determine when it is time to pump your tank.

2. Use water efficiently. The less water you use, the less water that enters your system. This helps it operate properly and reduces stress on your system and the risk of a failure.

3. Don't dispose of household hazardous wastes in sinks or toilets. Avoid paints, chemicals, cleaners, gasoline, oil, or other toxic materials that could kill the good bacteria in your system as well as things that can clog pipes such as diapers, coffee grounds, feminine hygiene products, paper towels, and grease and fat from cooking. Avoid frequent use of a garbage disposal.

4. Care for your drain field. Plant only grass or groundcover with shallow roots over or near your septic system. Deep roots could clog and damage the drain field. Don't drive or park vehicles on the drain field either. This could compact soil

or damage the pipes. Keep roof drains, sump pump drains, and other surface water runoff away from the drain field to avoid flooding it.

Avoid overloading your system with more water than it is meant to handle.

Don't do multiple loads of laundry all in one day — spread it out instead.

Don't drain a hot tub or pool into your tank or over your drain field.

Some water softeners or filters flush themselves daily. Make sure these aren't discharging into your system.

#### **Keep an eye out for signs of a failed system**

Pooling water or muddy soil around the tank or drain field or in your basement; Bad smell coming from the area of your tank; Toilet or sink backs up when you flush the toilet or do laundry; Bright green grass over the drain field.

If you notice any of these signs – call a professional.

## Classifieds

**Old Town Otter Kayak XTC18924** 9.5 feet. Good condition. Blue. Includes paddle, life jacket. \$325. (860) 305-6719

### Newsletter Submission Guidelines

Send your submissions to [secretary@lakehaywardct.com](mailto:secretary@lakehaywardct.com).

Deadline for submissions is Sunday at 6 p.m.

Present your submission using the following formatting:

- Word document
- Garamond 10-point type
- Single space after punctuation
- ½ page = maximum of 420 words
- 1 page = maximum of 840 words

Graphics and photos in .jpg format only

**SATURDAY July 21, 2018**  
**6:00 PM · 10:00 PM**  
**Pizza Pixie Food Truck · 6:00 PM**  
**Furious George BAND · 7:00 PM**



**5<sup>th</sup> Annual Lake Hayward Triathlon**  
 August 18, 2018/Rain Date: August 19, 2018  
 Second Beach Start, First Beach Finish!  
 Start Time: 8:00 AM  
**Entry Fee:** \$25/Individual  
 \$40/Two-Person Team  
 \$50/Three-Person Team

The 5<sup>th</sup> Annual Lake Hayward Sprint Triathlon is less than two months away! This end of summer, non-competitive event invites Lake Hayward residents, of all ability levels, to enjoy swimming, biking and running around our beautiful Lake. The event consists of an approximate 1/3-mile swim, 12 mile bike ride and 4 mile run around Lake Hayward.

**\*\*\*NEW THIS YEAR\*\*\***

Kids under 10 years old will have their very own "Kids Sprint Triathlon" after the completion of the Triathlon.

\*Participants assume all risks associated with this event. There will be no lifeguards on duty and roads will be open to traffic. All participants must wear swim caps during the swim and helmets while riding. Swim caps are provided.

**Please mail/drop off entry form and fee to:**

**POALH**  
**83 Wildwood Rd**  
**Colchester, CT 06415**

**Registration Deadline: July 20<sup>th</sup>.** Event limited to the first 50 registrants.  
 Please contact Heather Taylor at [htay9996@gmail.com](mailto:htay9996@gmail.com) with any questions.

Name \_\_\_\_\_  
 Lake Address \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Email \_\_\_\_\_  
 T-Shirt Size:    S        M        L        XL        XXL

**Relay Team (Optional):**  
**Teammate 1**  
 Name \_\_\_\_\_  
 Please circle your event:  
 Swim            Bike            Run  
 T-Shirt Size:    S        M        L        XL        XXL

**Emergency Contact(s)**

Name \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Name \_\_\_\_\_  
 Phone \_\_\_\_\_

**Teammate 2**  
 Name \_\_\_\_\_  
 Please circle your event:  
 Swim            Bike            Run  
 T-Shirt Size:    S        M        L        XL        XXL

***Kids Sprint Triathlon***

Name(s)/Age(s) \_\_\_\_\_

**Help Wanted!!!** This event is only a success because of our awesome volunteers! Please complete the information below if you are able to volunteer at this event (7:30 AM-11 AM). You will be contacted via email with further details.

Volunteer Name \_\_\_\_\_ Email \_\_\_\_\_

T-Shirt Size:    S        M        L        XL        XXL