

August 4, 2018



Lake Hayward

IT'S AUGUST: ENJOY THE DOG DAYS OF SUMMER!

You can help stop the spread of invasive species in the lake

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Upcoming Events

- 8/4 **LAKE HAYWARD GOLF TOURNAMENT**, 8 a.m. to 1 p.m., Black Birch Country Club
- 8/4 **FAMILY AND FRIENDS CPRS CLASS**, 9 a.m. to noon at First Beach Pavilion
- 8/4 **DIS-CONNECTED BAND**, 7-10 p.m. at First Beach Pavilion
- 8/7 **KIDS ARTS AND CRAFTS**, 7-8 p.m. at First Beach Pavilion

All boaters should adhere to the “Clean, Drain & Dry” practice to prevent the spread of aquatic invasive species. Yes, even paddlers can transport invasive species from waterbody to waterbody, so please consistently and thoroughly inspect, clean, drain and dry your canoe, kayak or paddleboat, before and after boating. Here’s how to “Clean, Drain & Dry” your paddle boat:

- **Clean:** Inspect your boat rudders, hull, cockpit, storage compartments and gear thoroughly and remove all dirt, plants, and other materials. Dispose of these in a trash can or upland area where they won’t be washed into a nearby body of water. Don’t forget to in-

spect and clean your paddles and anchor, too. Even better, wash your boat with clean water – the higher the pressure and higher the temperature of the water the better – just be sure that the rinse water does not flow into a nearby waterbody.

- **Drain:** Tip your boat to drain out all water from the interior and hatches.
- **Dry:** It’s best to allow your boat and gear to dry for at least five days before launching into another body of water. If you don’t have five days, it is especially important to pressure-wash your boat and then wipe down the inside and outside of the boat, all paddles and gear with a towel before visiting another body of water.

SATURDAY’S EVENTS

What: Lake Hayward Golf Tournament

When: 8 a.m. to 1 p.m.

Where: Black Birch Country Club, Moodus

What: DIS-CONNECTED Band

When: 7-10 p.m., Saturday, Aug. 4.

Where: First Beach Pavilion.

Contact POALH:

POALH
 P.O. Box 230
 Colchester, CT 06415
 carie@lakehaywardct.com

Walk-up mailbox:

83 Wildwood Rd.

Fireworks on Second Beach disrupt residents late Saturday night

On Saturday night, July 28, between midnight at 1 a.m. many lake residents were awakened by fireworks emanating from Second Beach. Sounding like gunfire, alarming adults, infants and animals alike, these illegal fireworks disrupted the peaceful night and made a mess that was cleaned up by Mike Chupas on Sunday morning.

Fireworks are against the law in Connecticut, so please follow the law and be respectful of your neighbors.

All fireworks are illegal in the state, with the exception of sparklers and fountains. The Office of the State Fire Marshal reminds residents that state law defines sparklers as non-explosive, non-aerial devices that contain less than 100 grams of pyrotechnic mixture. Fountains are defined as non-explosive, non-aerial devices that contain less than 100 grams of pyrotechnic for each individual item. If two or more fountains are affixed to the

PUBLIC SAFETY

same base, the total quantity of pyrotechnic composition of combined fountains cannot exceed 200 grams.

Both sparklers and fountains may be legally used by persons aged 16 and older.

The Connecticut State Fire Marshal reports that a number of house fires and grass fires have been attributed to the use of fireworks.

Dodder is found again around the lake, so watch out for this parasitic plant

By Corinne Halliday
Representative at Large

Dodder is that orange vine you might have seen that looks like silly string or even fishing line. We have found some again this year at Second Beach adjacent to the boat launch and near the First Beach area.

You might have seen some volunteers like me removing some of it.

At this point, it hasn't reached the formal landscaping at Second Beach. Dodder (*Cuscuta* spp.) is a parasitic annual that attaches itself to a plant—like a vampire—and extracts its nutrients.

Quickly drained, the host plant is greatly weakened, while the dodder continues its search for fresh prey. With no roots or leaves of its own, dodder can grow up to 3 inches per day, continuously sprouting



small suckers called haustoria that locate and penetrate new host plants. Found throughout the country and recognized by the U.S. Department of Agriculture as one of America's 10 most problematic weeds and not exactly a newcomer, dodder is nonetheless a noxious weed we must work to eradicate.

A few facts about dodder and some suggestions for removing it from your land:

- Dodder is easy to recognize: it's a bright orange, string-like vine you'll find enmeshed within other plants. An infestation will form an easily recognized orange tangle of vines.
- With hard-shelled seeds that remain viable for more than 20 years, it's essential to prevent dodder from going to seed.
- The safest way to remove dodder is to cut its host well below the dodder's attachment point, bag it, heat the bag in the sun and transport it to the landfill (do not compost). And diligent scouting of the infected area is important as re-sprouting from plant material left behind or seeds is very likely.
- It is very important to not spread the dodder around when trying to remove it. So weedwhacking is not a good idea and mowing should be done very carefully.

Music on the River at the Goodspeed on Mondays

All free concerts are held on Monday nights from 6:30-8:30 p.m. at the green of the Goodspeed Opera House.

New this year is the option of a Tuesday night rain date for the majority of our concerts. Suitcase Junket (July 23) and Chris Smither (Aug. 13) concerts will still be held on Monday night and will need to be moved to the Hale-Ray High School Auditorium if it rains.

Aug. 6: The Grays - Jazz/Fusion

An original jazz-funk music project, which mixes electric gypsy jazz with odd-time tribal funk beats. The Grays offer deep grooves and dynamic improvisation for listening and dancing. The band features Justin Vood Good on guitar, Hans Lohse on percussion, accordion and vocals, Tracey Kroll on drums and electronica and Evan Tosi on bass guitar.

Aug. 13: Chris Smither - Singer/Songwriter

An American folk/blues singer, guitarist and song writer, his music draws deeply from his formative years in Louisiana learning the picking styles of Mississippi

6:30-8:30 P.M. MONDAYS



John Hurt, and Lightnin' Hopkins. Moving to Cambridge in the 60's, he became a forerunner in the burgeoning folk scene. His songs have been recorded by a long list of well-known artists.

The 2014 album "Link of Chain: A Songwriter's Tribute to Chris Smither" is testimony to the respect and admiration for his songwriting by an all-star list of artists including Bonnie Raitt, Josh Ritter, and Patty Larkin.

In addition to his extraordinary music career, he is also the recipient of many awards for his published essays and short stories. Chris is on tour now promoting his latest release, "Call Me Lucky," which has received stellar reviews.

Classifieds

For Sale: Old Town canoe Katahdin model 12-feet-long. Dark green. Sturdy and in good condition. New quality oars. We're moving and selling boats. Price \$650. 860-402-2054.

For Sale: Minn Kota electric trolling motor. For bow mount only. \$125. Please call 860-537-4708. If no answer, please leave a message. .

For Sale: Nordic track ski exerciser. Very good condition. With owners guide. \$100. Please call 860-537-4708. If no answer, please leave a message.

Free high-boy dresser: 33" wide, 17" deep, 46" tall. Five drawers. Lightweight and sturdy. Good Condition. Mostly wood, some particle board. Looking to give it away. Call Jan DePratti at 860-578-5850.

Newsletter Submission Guidelines

Send your submissions to secretary@lakehaywardct.com. Deadline is Sunday at 6 p.m.

Doggie Costume Parade, Night at the Races and Ladies Night are all coming soon

Dress your dog up and bring him or her to the pavilion at 7 p.m. on Aug. 21 for the second annual Doggie Costume Parade.

There will be goodies for your pooch and the chance to win a prize for the cutest, funniest, most original and the Lake Hayward Mascot. Linda Abel is hoping for a good turnout, so even if you don't have a four-legged friend, come and enjoy the fun.

Night at the Races: Aug. 17

Join us at Hayward Downs (the pavilion) for the ever-popular Night at the Races on Friday, Aug. 17, starting at 7 p.m.

Decorate your table, don your most outrageous hat and don't forget your singles

(bucks not dates). Put down a few wagers for each of the 10 races, then scream for your favorite horse as "The Aquatic Weed Guy" Tim Pelton emcees this adult event.

From the starting gate to the finish line, you'll have tons of fun, and you might even win some money.

BYOB (and your Lake Hayward plastic beer or wine glasses). Prizes will be awarded for the best hats and table decorations.

Ladies Night: Aug. 24

Ladies, join your friends and make new ones at the ninth annual Ladies' Night on Friday, Aug. 24 at the First Beach Pavilion.

LAKE HAYWARD DAYS

The cost is \$15 and gets you a catered Italian buffet from Illiano's (with gluten-free and vegetarian options), sweets from Angelo's (including sugar-free cookies), two raffle tickets and no dishes to wash.

Come with an hors d'oeuvre for cocktail hour at 5:30 p.m. (with your Lake Hayward plastic wine or beer glasses); the buffet will be served between 6:30 and 7 p.m. This event sold out the last five years so don't wait. Pre-registration by Tuesday, Aug. 21 is required. Contact Bob Sudell at robert-sudell@aol.com or 860-836-3124. Raffle donations are welcome.

Family and Friends CPR returns Saturday for the final session of the 2018 season

Don't miss your last chance this summer to take a CPR course with Bonnie Sudell.

Come to the pavilion at 9 a.m. on Aug. 4 to learn the skills necessary to help a friend or loved one who chokes or experiences

cardiac arrest. Just three hours will give you the confidence to act in these emergency situations.

Pre-registration is encouraged, but not mandatory. E-mail Sudell at bon-

nies@lakehaywardct.com with name, phone number and lake address.

The \$10 fee for course materials will be collected on the day of the class.

New this month at the Lake Hayward Store:

Color Ts sized from Youth XS to Adult 3XL

(Colors shown not available in every size)



Visit us Saturday, August 4th at First Beach during the band, "Disconnected"

5th Annual Lake Hayward Triathlon
 August 18, 2018/Rain Date: August 19, 2018
 Second Beach Start, First Beach Finish!
 Start Time: 8:00 AM
Entry Fee: \$25/Individual
 \$40/Two-Person Team
 \$50/Three-Person Team

The 5th Annual Lake Hayward Sprint Triathlon is less than two months away! This end of summer, non-competitive event invites Lake Hayward residents, of all ability levels, to enjoy swimming, biking and running around our beautiful Lake. The event consists of an approximate 1/3-mile swim, 12 mile bike ride and 4 mile run around Lake Hayward.

*****NEW THIS YEAR*****

Kids under 10 years old will have their very own "Kids Sprint Triathlon" after the completion of the Triathlon.

*Participants assume all risks associated with this event. There will be no lifeguards on duty and roads will be open to traffic. All participants must wear swim caps during the swim and helmets while riding. Swim caps are provided.

Please mail/drop off entry form and fee to:

POALH
83 Wildwood Rd
Colchester, CT 06415

Registration Deadline: July 20th. Event limited to the first 50 registrants.
 Please contact Heather Taylor at htay9996@gmail.com with any questions.

Name _____
 Lake Address _____
 Phone _____
 Email _____
 T-Shirt Size: S M L XL XXL

Relay Team (Optional):
Teammate 1
 Name _____
 Please circle your event:
 Swim Bike Run
 T-Shirt Size: S M L XL XXL

Emergency Contact(s)

Name _____
 Phone _____
 Name _____
 Phone _____

Teammate 2
 Name _____
 Please circle your event:
 Swim Bike Run
 T-Shirt Size: S M L XL XXL

Kids Sprint Triathlon

Name(s)/Age(s) _____

Help Wanted!!! This event is only a success because of our awesome volunteers! Please complete the information below if you are able to volunteer at this event (7:30 AM-11 AM). You will be contacted via email with further details.

Volunteer Name _____ Email _____

T-Shirt Size: S M L XL XXL