

June 29, 2019



Lake Hayward

POALH TOWN HALL MEETING SET FOR JULY 14

July brings host of events and lakeside celebrations

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Upcoming Events

- 7/3 **KIDS BINGO**, 7-8 p.m. at First Beach Pavilion
- 7/4 **BIKE AND WAGON PARADE**, 10 a.m. to noon at First Beach
- 7/6 **FRIENDS AND FAMILY CPR CLASS**, 9 a.m. to noon at First Beach
- 7/6 **CHRISTMAS IN JULY**, 2-5 p.m. at First Beach Pavilion

Thank you to all who attended our June Association Meeting on Sunday. We hope that you left feeling informed as to the activities of the board and we thank you for your thoughtful questions, comments and concerns. Please feel free to continue expressing yourself at our upcoming board meetings and July 14 Town Hall. Summer Board meetings and our Town Hall will be held at the Pavilion.

Our nominating committee has begun to interview candidates for Board of Governors positions. If you would like to be considered for the board, please contact either Lynne Bagnati at jeep3362@sbcglobal.net, Courtney

WHAT: Bike and Wagon Parade

WHEN: 10 a.m. to noon, Thursday, July 4

WHERE: First Beach Pavilion

Harmon at court-pie@hotmail.com, Gail Miers at gailwarning27@aol.com or Kathy Petersen at wildrosekp47@hotmail.com for information.

The first Family and Friends CPR class will be held at 9 a.m. on Saturday, July 6, at the Pavilion. Preregistration is encouraged, but not necessary.

Email me at BonnieS@lakehaywardct.com with your name, phone number and lake address. The \$10 fee for course materials will be collected the day of the class.

By the time you read this, you will be no doubt thinking about celebrating Independence Day. As you enjoy yourselves, recognize that the loud blasts following many fireworks are frightening to small children, veterans with PTSD and many animals. Please remember that the POALH does not permit fireworks on association property and that, as a courtesy to all, there should be no excessive noise after 10 p.m.

Summer slate of hot events continues with July 4 parade

The events committee continues its series of activities and special events this summer for the kids, the adults and, of course, family and friends.

● **BIKE & WAGON PARADE** at the pavilion at 10 a.m. There will be two winners. Kids and families can come on down with your bike or wagon decked out for the Fourth of July Holiday and enter to win.

● **CHRISTMAS IN JULY** celebration on July 6 from 2-5 p.m. at the pavilion. Parents, please bring a wrapped present for the number of children who will attend and Santa will hand it out. Refreshments will be served of pizza, lemonade and red and green cupcakes!

● **MEN'S NIGHT DINNER** Cajun BBQ is set for Friday, July 12, from

6-8 p.m. at the pavilion. St. Louis-style pork ribs, pulled pork sliders, bacon mac-and-cheese, smoked chicken wings and much more. Gentlemen can BYOB; iced tea will be served. Advance ticket sales are \$15. For information, email jeffc@lakehaywardct.com.

● **FIRE TRUCK & ICE CREAM SOCIAL** is set

See **EVENTS**, Page 2

Contact POALH:

POALH
P.O. Box 230
Colchester, CT 06415
Walk-up mailbox:
83 Wildwood Rd.
Email: president
@lakehaywardct.com

Lake Quality Improvement Committee offers easy tips for a healthier lake

The weather is warming up and summer is finally here. Along with that comes the return of our residents and the start of new and the finishing of old projects around our homes.

We ask that you always consider the health of the lake when working on your properties. Do leave rocks in place along the shore to guard against erosion. Leave naturally vegetated strips along the shoreline and inland property lines to curb and filter runoff and to keep the geese away. Don't use herbicides and pesticides in excess and avoid it all together if possible.

Please do not dump leaves, branches or any kind of organic matter in the lake. They add phosphorous and other unwanted nu-

LAKE QUALITY

trients directly into our lake. Please consider the importance of trees in our ecosystem before cutting one down. Also, sandy beaches are not good for the lake. If you have one already, reclaim the sand that has drifted into the water like the association does on our beaches. Runoff starts at the top of our neighborhood and filters down. Every little thing you do to curb it is important.

Please take a look at the report from Northeast Aquatic Research located on our website under "Lake Quality." There is great information there regarding the health of our lake and our new protocol for

testing. Your LQIC committee is very excited about the testing we will be doing this summer. When you see a pontoon boat out in the lake twice a month lowering testing equipment into the water please know that it's a group of our volunteers from both sides of the lake hard at work. We can't thank them enough for their dedication.

If you haven't already, please take a look at the Connecticut Federation of Lakes' website at ctlakes.org. The mission of CFL "is to work with you and for you for healthier lakes and watershed on local, state and even federal levels". There is good information there on legislation, invasive weeds, algae and other topics. We would urge you to become a member.

Tissue-collage workshop coming to the Pavilion

Create a colorful 8-x-10 piece of artwork for your wall or a calming luminary to place on your table. Layer-printed and plain tissue paper create surprising and beautiful effects. This craft is easy and fun. A free session will be offered from noon to 2 p.m. on July 7 from at the pavilion, rain or shine.

Signups are limited to 12, so RSVP soon by emailing JanD@lakehaywardct.com.

See the photos in color on our website, lakehaywardct.com, in the July 29 newsletter. We look forward to seeing you.

- Jan DePratti



Arts and Crafts starts July 9

The weekly kids arts and crafts program will start on Tuesday, July 9, and run through late August. Please join us at the pavilion from 7-8 p.m. for a fun time for kids.



Classifieds

Recyclables wanted: Please call Lauren and 860-634-1780 to dispose of your unwanted cans and bottles. Will take any and all requests and any day or time.

EVENTS: Lineup continues throughout July

for Sunday, July 14, in the First Beach parking lot. We have created our own Fire & Ice Special event. Make your own ice cream sundae and climb a fire truck provided by the Colchester Fire Department.

• **YOGA & MEDITATION** with Lisa Rogers, our local expressive-arts therapist,

is on First Beach on Sunday, July 21 from 11 a.m. to 4 p.m. There will also be mixed media painting.

More details will be coming in the next few weeks in the newsletter including a HAWAIIAN LUAU on Saturday, July 20, from 5-7 p.m. Tickets are \$15 for the luau meal.

Newsletter Submissions

Send your submissions to webmaster@lakehaywardct.com. Deadline is Monday at noon. Present your submission using the following formatting:

- Word document
- Garamond 10-point type
- Single space after punctuation
- 1/2 page = maximum of 420 words

6th Annual Lake Hayward Triathlon

August 17, 2019/Rain Date: August 18, 2019

Second Beach Start, First Beach Finish!

Start Time: 8:00 AM

Entry Fee: \$25/Individual, \$40/Two-Person Team, \$50/Three-Person Team

Registration Deadline: July 19th

The 6th Annual Lake Hayward Sprint Triathlon is less than two months away! This end of summer, non-competitive event invites Lake Hayward residents, of all ability levels, to enjoy swimming, biking and running around our beautiful Lake. The event consists of an approximate 1/3-mile swim, 12-mile bike ride and 4-mile run around Lake Hayward.

***** Kids Sprint Triathlon *****

Kids under 10 years old will have their very own Sprint Triathlon after the completion of the Triathlon.

*Participants assume all risks associated with this event. There will be no lifeguards on duty and roads will be open to traffic. All participants must wear swim caps during the swim and helmets while riding. Swim caps are provided.

Please mail/drop off entry form and fee to:

**POALH
83 Wildwood Rd
Colchester, CT 06415**

Registration Deadline: July 19th. This event is limited to the first 50 registrants. Please contact Heather Taylor at htay9996@gmail.com with any questions.

Name _____

Lake Address _____

Phone _____

Email _____

T-Shirt Size: S M L XL XXL

Emergency Contact(s)

Name _____

Phone _____

Name _____

Phone _____

Kids Sprint Triathlon

Name(s)/Age(s) _____

**Relay Team (Optional):
Teammate 1**

Name _____

Please circle your event:

Swim Bike Run

T-Shirt Size: S M L XL XXL

Teammate 2

Name _____

Please circle your event:

Swim Bike Run

T-Shirt Size: S M L XL XXL

Help Wanted!!! This event is only a success because of our awesome volunteers! Please complete the information below if you are able to volunteer at this event (7:30 AM-11 AM). You will be contacted via email with further details.

Volunteer Name _____

Email _____

T-Shirt Size: S M L XL XXL

Property Owners' Association of Lake Hayward 2019 Contacts

Board of Governors

Janet DePratti Representative at Large, water testing, Recording Secretary		860-578-5850 Jand@lakehaywardct.com Secretary@lakehaywardct.com
Jeffrey Conway Third Beach Representative, Social/Rec Chair		401-297-5602 Jeffc@lakehaywardct.com Events@lakehaywardct.com
Corinne Halliday Representative at Large, Lake Quality Chair		203-209-3352 Corinneh@lakehaywardct.com
Jason Griffing Second Beach Representative, Email alerts and announcements		Jasong@lakehaywardct.com
Neil Murphy First Beach Representative		860-463-0026
Gary Petersen Representative at Large, Properties Chair		860-324-9029 Garyp@lakehaywardct.com
Bonnie Sudell Second Beach Representative, Public Safety Chair		860-678-1392 (home) 860-836-5245 (cell) Bonnies@lakehaywardct.com
Bill Taylor Third Beach Representative		860-537-0480 Williamt@lakehaywardct.com
Adam Thompson First Beach Representative		860-214-1030 Adamt@lakehaywardct.com

Additional Contacts

Ed Bader Tax Collector, Budget Committee Chair		860-295-8769 (office) 860-214-9288 Taxcollector@lakehaywardct.com
Lee Griffin Treasurer, Assistant Secretary		860-656-6938 Treasurer@lakehaywardct.com POALH Walk-up drop box: 83 Wildwood Road
Mike Trocchi Newsletter and website		Webmaster@lakehaywardct.com
Moira Boone Promotional Items		mfboone@optimum.net
Pavilion Reservations		Treasurer@lakehaywardct.com
Connecticut Water Company		800-286-5700
All-Waste Control		860-873-9005
Resident State Trooper		860-537-7500
East Haddam Police		860-873-1226
Confidential Tip Line		860-873-5013
Correspondence and Tax Payments: POALH PO Box 230 Colchester, CT 06415		president@lakehaywardct.com taxcollector@lakehaywardct.com

STOP THE BLEED & BYSTANDER CPR

WHEN

July 20th 9am—11am

WHERE

East Haddam FD/EMS
Station # 1
440 Town Street

**ALL AGES
EVENT**

**ADVANCE
REGISTRATION
by Calling
860-873-2185**



**SPONSORED BY
East Haddam
Ambulance**

