

July 20, 2019



# Lake Hayward

## MESSAGE FROM THE PRESIDENT

### Community input, participation benefits everyone

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### Upcoming Events

- 7/20 **LUAU**, 5-7 p.m. at First Beach Pavilion
- 7/20 **COCONUTS BAND**, 7:30-10 p.m. at First Beach Pavilion
- 7/26 **ADULT ARTS AND CRAFTS**, 6-9 p.m. at First Beach Pavilion
- 7/27 **TEEN VOLLEYBALL TOURNAMENT**, 10 a.m. to noon at Second Beach

### Contact POALH:

POALH  
 P.O. Box 230  
 Colchester, CT 06415  
**Walk-up mailbox:**  
 83 Wildwood Rd.  
 Email: president  
 @lakehaywardct.com

Rumor has it that our first Men's Night was a success. Thank you, Jeffrey Conway, for coordinating this event. Hopefully, it will grow and be even more successful in the years to come.

Our Town Hall was well-attended with numerous topics brought up for discussion. From the proposed 2020-21 budget to bands, swim lessons, weed treatment, fireworks and more, thank you to all who came to express yourself. Your board welcomes your input. Remember that our next board meeting is at 9 a.m. on July 20

**WHAT: Luau/Coconuts Band**

**WHEN: 5-10 p.m., Saturday, July 20**

**WHERE: First Beach Pavilion**



at the Pavilion. All are welcome to attend and speak during the public comment part of our agenda.

I hope to see you all at our Luau on Saturday evening, starting at 5 p.m. at the Pavilion. This evening promises to

be one of the highlights of the season, with the "Boomer Humor Comedy Rock Party Band" Coconuts playing after dinner. Please remember that glass is not permitted at the pavilion, so when you BYOB, bring your plastic Lake Hayward wine or beer glasses.

### Invasive dodder plant is spotted near First Beach Pavilion

Dodder is that orange vine you may have seen that looks like silly string. We have found some on a large bush in front of our pavilion. That bush will have to be cut down to eradicate it.

Dodder (*cuscuta* spp.) is a parasitic annual that attaches itself to a plant — like a vampire — and extracts its nutrients. Quickly drained, the host plant is greatly weakened while the dodder continues its search for fresh prey. With no roots or leaves of its own, dodder can grow up to three



inches per day, continuously sprouting small suckers called haustoria that locate and penetrate new host plants.

Found throughout the country and recognized by the U.S. Department of Agriculture as one of America's 10

**Weed treatment update**

We are expecting to receive our permit this week. Please keep a lookout for an email blast, Facebook post and, as always, neon-colored signs posted around the lake announcing the date.

most problematic weeds and, not exactly a newcomer, dodder is nonetheless a noxious weed we must work to eradicate. A few facts about dodder and some suggestions for removing it from your land:

## Adults arts program will debut on July 21 with lakeside yoga, meditation and art

Earlier this spring, Evelyn Passan approached me about running some adult art events. She discussed that while the children's art program is awesome, there are many adults who have desire to get together have fun and be creative. I could not agree more. As an artist and a creative social worker I would often gather with creatives at my cottage to paint, draw, and craft together.

The Lake Hayward community is actually home to many painters, actors, musicians, crafters, potters, and folks that just like to make art. That being said, if there are events you would like to see or be involved with please let us know. Summer is a time to slow down a bit and spend more time

### EVENTS

together making memories. What a unique and special place we are all a part of here. I love hearing stories about the old traditions and deep sense of community of Lake Hayward Club back in the day. Many of us are trying to revive and keep traditions going. It is wonderful to experience it and now be a part of that movement. Courtney Harmon, Jeff Conway, Evelyn Passan and other lake community members have put together an amazing adult summer arts program.

Last year, I had the privilege to attend the Expressive Arts Institute at Salve Re-

gina University in Newport, R.I. I am excited to bring fun creative art events to the lake using the techniques I learned at Salve. No art experience is needed and the expressive arts is about process over product. Come enjoy the music, art, and community and catch up with friends. BYOB and do not forget fun plastic glasses with your favorite beverage.

Let's spend time relaxing and getting into the weekend groove. The adult arts program starts with a retreat from 11 a.m. to 4 p.m. on July 21 at the First Beach Pavilion that incorporates restorative yoga, mindful meditation, and mandala art.

- Lisa Rogers

The Mindful Therapy Studio

## Music On The River features folk and bluegrass

All free concerts are held on Monday nights from 6:30-8:30 p.m. at the lawn of the Goodspeed Opera House. If the weather is questionable please call the Recreation Office 860-873-5058, check [www.easthaddamrec.com](http://www.easthaddamrec.com) or Facebook.

Free parking is available in the Goodspeed Opera House parking lot with additional parking and a shuttle bus from Eagle Landing in Haddam. The Music on the River site is made possible through the generous support of Goodspeed Musicals. All children under the age of 16

must be accompanied by an adult. No dogs, smoking, vendors or soliciting and no parking on residential streets are allowed.

### July 22 Sierra Hull

Although only 27, Sierra Hull's career has spanned more than 15 years. She has matured from child prodigy to virtuoso mandolin player receiving countless awards. She distinguished herself in the world of folk and bluegrass, gaining the respect of Nashville icons.

## Classifieds

**FOR SALE:** Two pairs of aluminum snowshoes, never used. \$30 each or both for \$50. Also wooden toboggan complete with padding (like new). \$50. Call 860-537-4708. If no answer, please leave a message.

**FOR SALE:** Old Town Canoe, 16 feet, 8 inches. Older fiberglass model, stored inside and not used for many years. Normal wear and tear for its age. Asking \$295, including canoe, dolly and three paddles. Call or text Randy at 203-464-8126.

## DODDER: How to get rid of this invasive plant if it shows up in your lawn

• Dodder is easy to recognize: a bright orange, string-like vine you'll find enmeshed within other plants. An infestation will form an easily recognized orange tangle of vines.

• With hard-shelled seeds that remain viable for more than 20 years, it's essential to prevent dodder from going to seed.

• The safest way to remove dodder is to cut its host well below the dodder's attachment point, bag it, heat the bag in the sun

and transport it to the landfill (do not compost). And diligent scouting of the infected area is important because re-sprouting from plant material left behind or seeds is very likely.

• It is very important to not spread the dodder around when trying to remove it. So weed-whacking is not a good idea and mowing should be done very carefully.

Please educate yourselves more on Google so you'll recognize it if you see it.

### Newsletter Submissions

Send your submissions to [webmaster@lakehaywardct.com](mailto:webmaster@lakehaywardct.com). Deadline is Monday at noon. Present your submission using the following formatting:

- Word document
- Garamond 10-point type
- Single space after punctuation
- ½ page = maximum of 420 words

**6<sup>th</sup> Annual Lake Hayward Triathlon**

August 17, 2019/Rain Date: August 18, 2019

Second Beach Start, First Beach Finish!

Start Time: 6:00 AM

Entry Fee: \$25/Individual, \$40/Two-Person Team, \$50/Three-Person Team

Registration Deadline: July 19<sup>th</sup>

The 6<sup>th</sup> Annual Lake Hayward Sprint Triathlon is less than two months away! This end of summer, non-competitive event invites Lake Hayward residents, of all ability levels, to enjoy swimming, biking and running around our beautiful lake. The event consists of an approximate 1/3-mile swim, 12-mile bike ride and 4-mile run around Lake Hayward.

**\*\*\* Kids Sprint Triathlon \*\*\***

Kids under 10 years old will have their very own Sprint Triathlon after the completion of the Triathlon.

\*Participants assume all risks associated with this event. There will be no lifeguards on duty and roads will be open to traffic. All participants must wear swim caps during the swim and helmets while riding. Swim caps are provided.

Please mail/drop off entry form and fee to:

POALH  
53 Wildwood Ed  
Chechester, CT 06415

Registration Deadline: July 19<sup>th</sup>. This event is limited to the first 50 registrants. Please contact Heather Taylor at [htay9996@gmail.com](mailto:htay9996@gmail.com) with any questions.

Name \_\_\_\_\_

Relay Team (Optional):  
Teammate 1  
Name \_\_\_\_\_

Lake Address \_\_\_\_\_

Name \_\_\_\_\_

Phone \_\_\_\_\_

Please circle your events:

Email \_\_\_\_\_

Swim                      Bike                      Run

T-Shirt Size:    S            M            L            XL            XXL

T-Shirt Size:    S            M            L            XL            XXL

**Emergency Contact(s)**

Teammate 2  
Name \_\_\_\_\_

Name \_\_\_\_\_

Please circle your event:

Phone \_\_\_\_\_

Swim                      Bike                      Run

Name \_\_\_\_\_

T-Shirt Size:    S            M            L            XL            XXL

Phone \_\_\_\_\_

**Kids Sprint Triathlon**

Name/Address \_\_\_\_\_

**Help Wanted!!!** This event is truly a success because of our generous volunteers! Please complete the information below if you are able to volunteer at this event (7:30-11:30). You will be contacted via email with further details.

Volunteer Hours \_\_\_\_\_

Email \_\_\_\_\_

T-Shirt Size:    S            M            L            XL            XXL



**LAKE HAYWARD GOLF TOURNAMENT**

**SATURDAY Aug. 3; 9 a.m. to 1 p.m. at Black Birch C.C.**

**WHERE:** Black Birch Country Club, 10 Banner Road, Moodus (East Haddam), CT.

**WHEN:** **SATURDAY, AUGUST 3**, shotgun start PROMPTLY at 9:00 A.M.

**FORMAT:** Scramble, 4 person teams (sign up as a group or 1, 2, or 3 and we will pair you up with other POALH members; there are presently several openings but we are limited to 72 golfers.

**PRICE:** LESS THAN LAST YEAR! To be determined! **CONTACT** Chairmen Fred Odell (860)537-3609 (273 Lake Shore Dr.) or Don Biancamano (860) 537-3577 (73 Lake Shore Drive).

Entry fee must be left open. Please be patient. The Black Birch CC not longer has a restaurant and bar. Although struggling, it is still open for golf. Price will include practice range from 7:30 a.m., golf, cart, individual skill prizes, team prizes, breakfast snacks, and a quick barbecue lunch at a place at the lake to be determined given schedule conflicts .

YES, please sign me up for the POALH Golf Tournament. I will be playing with the following OR need a group for:

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_.

Name: \_\_\_\_\_ Phone/E-mail: \_\_\_\_\_

This event is very popular. This will be an excellent time to enjoy a fun event, and head back to the lake for a quick barbecue. (Due to cart availability, our limit is 72 golfers.)

## Property Owners' Association of Lake Hayward 2019 Contacts

### Board of Governors

<b>Janet DePratti</b> Representative at Large, water testing, Recording Secretary	860-578-5850 <a href="mailto:Jand@lakehaywardct.com">Jand@lakehaywardct.com</a> <a href="mailto:Secretary@lakehaywardct.com">Secretary@lakehaywardct.com</a>
<b>Jeffrey Conway</b> Third Beach Representative, Social/Rec Chair	401-297-5602 <a href="mailto:Jeffc@lakehaywardct.com">Jeffc@lakehaywardct.com</a> <a href="mailto:Events@lakchaywardct.com">Events@lakchaywardct.com</a>
<b>Corinne Halliday</b> Representative at Large, Lake Quality Chair	203-209-3352 <a href="mailto:Corinneh@lakehaywardct.com">Corinneh@lakehaywardct.com</a>
<b>Jason Griffing</b> Second Beach Representative, Email alerts and announcements	<a href="mailto:Jasong@lakehaywardct.com">Jasong@lakehaywardct.com</a>
<b>Neil Murphy</b> First Beach Representative	860-463-0026
<b>Gary Petersen</b> Representative at Large, Properties Chair	860-324-9029 <a href="mailto:Garyp@lakehaywardct.com">Garyp@lakehaywardct.com</a>
<b>Bonnie Sudell</b> Second Beach Representative, Public Safety Chair	860-678-1392 (home) 860-836-5245 (cell) <a href="mailto:Bonnies@lakehaywardct.com">Bonnies@lakehaywardct.com</a>
<b>Bill Taylor</b> Third Beach Representative	860-537-0480 <a href="mailto:Williamt@lakehaywardct.com">Williamt@lakehaywardct.com</a>
<b>Adam Thompson</b> First Beach Representative	860-214-1030 <a href="mailto:Adamt@lakehaywardct.com">Adamt@lakehaywardct.com</a>

### Additional Contacts

<b>Ed Bader</b> Tax Collector, Budget Committee Chair	860-295-8769 (office) 860-214-9288 <a href="mailto:Taxcollector@lakehaywardct.com">Taxcollector@lakehaywardct.com</a>
<b>Lee Griffin</b> Treasurer, Assistant Secretary	860-656-6938 <a href="mailto:Treasurer@lakehaywardct.com">Treasurer@lakehaywardct.com</a>  POALH Walk-up drop box: 83 Wildwood Road
<b>Mike Trocchi</b> Newsletter and website	<a href="mailto:Webmaster@lakehaywardct.com">Webmaster@lakehaywardct.com</a>
<b>Moir Boone</b> Promotional Items	<a href="mailto:mfboone@optimum.net">mfboone@optimum.net</a>
<b>Pavilion Reservations</b>	<a href="mailto:Treasurer@lakchaywardct.com">Treasurer@lakchaywardct.com</a>
<b>Connecticut Water Company</b>	800-286-5700
<b>All-Waste Control</b>	860-873-9005
<b>Resident State Trooper</b>	860-537-7500
<b>East Haddam Police</b>	860-873-1226
<b>Confidential Tip Line</b>	860-873-5013
<b>Correspondence and Tax Payments:</b> POALH PO Box 230 Colchester, CT 06415	<a href="mailto:president@lakehaywardct.com">president@lakehaywardct.com</a> <a href="mailto:taxcollector@lakehaywardct.com">taxcollector@lakehaywardct.com</a>