

August 3, 2019



# Lake Hayward

## MESSAGE FROM THE PRESIDENT

### Lake Hayward dam is due for seven-year inspection



A hot July has kept residents in the water on weekends.

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### Upcoming Events

- 8/3 **PET CPR AND FIRST AID,**  
2-5 p.m. at First Beach Pavilion
- 8/4 **FRIENDS AND FAMILY CPR CLASS,** 9 a.m. to noon at First Beach Pavilion
- 8/7 **KIDS BINGO,**  
7-8 p.m. at First Beach Pavilion
- 8/9 **ADULT ARTS AND CRAFTS,**  
6-8 p.m. at First Beach Pavilion

Another week has flown by at Lake Hayward, with bingo and arts and crafts for the kids, as well as arts and crafts and the Second Beach Pot Luck for adults. July is a memory as we work our way to the POALH annual meeting on Aug. 18 and Labor Day weekend shortly thereafter.

Some members may have seen Ed Bader, Corinne Halliday, Gary Petersen and another man at the south end of the Lake one day this week. They were looking at the spillways in advance of having our dam inspected. Our dam is considered a Class BB dam, requiring inspection every seven years. Our insurance carrier also requires periodic inspection. It was last inspected by the state in 2012, but the State no longer does the inspections itself. The Department of Energy and Environmental Protection has a list of approved dam inspectors, and proposals were ob-

tained from two, before consulting engineer Karl F. Acimovic was interviewed and hired.

Before inspection can proceed, all vegetation and overgrowth, both on the sides of the spillways and in front of the berm in the water must be removed. We anticipate that the engineer will visit our site two to three times, both when the water overflows the spillways and when the water level is lower.

He will then prepare a report of the inspection findings, including specific problems, recommendations for maintenance and repairs, modifications and/or improvements. We are including \$10,000 in our proposed capital reserve budget for 2020-21 for dam repairs, should they be needed.

Good luck to all playing in the golf tourney. Remember to stay hydrated in this heat and humidity.

- Bonnie Sudell

### Contact POALH:

POALH  
 P.O. Box 230  
 Colchester, CT 06415  
 Walk-up mailbox:  
 83 Wildwood Rd.  
 Email: president  
 @lakehaywardct.com

### Second annual Pasta Challenge comes to Pavilion on Aug. 3

The second annual Pasta Challenge runs from noon to 2 p.m. at the First Beach Pavilion on Saturday, Aug. 3.

Cook up and create your best pasta.

Last year was a huge success with everyone in attendance sampling the delicious sauces and dessert pasta conceptions created by the community of Lake Hayward. This is a free

### EVENTS

event and three Prizes will be awarded for first, second and third place.

See PASTA, Page 2

## Friends and Family CPR scheduled for Sunday, Aug. 4 at First Beach Pavilion

Don't miss your last chance this summer to take a CPR course with Bonnie Sudell.

Come to the First Beach Pavilion at 9 a.m. on Sunday, Aug. 4 to learn the skills necessary to help a friend or loved one who chokes or experiences cardiac arrest. Just three short hours will give you the confidence to act in these emergency situations.

Registration is encouraged, but not mandatory. E-mail Sudell at [bonnies@lakehaywardct.com](mailto:bonnies@lakehaywardct.com) with name, phone number and lake address.

### NEWS AND NOTES

The \$10 fee for course materials will be collected on the day of the class.

#### Triathlon approaches

The sixth annual Lake Hayward Sprint Triathlon will take place Aug. 17. This end of summer, non-competitive event invites Lake Hayward residents of all ability levels to enjoy swimming, biking and running around our beautiful lake.

The event consists of an approximate 1/3-mile swim, 12-mile bike ride and 4-

mile run around Lake Hayward. The race begins at 8 a.m., when we will swim from Second to First Beach and then transition to the bike and the run from First Beach. We still have spots available and welcome newcomers to the event. We also have a kids mini-triathlon for our youngest athletes immediately following the finish of the triathlon.

Adult triathlon events typically end by approximately 11 a.m. Come out Saturday morning and cheer on your Lake Hayward athletes. For questions, please contact Heather Taylor at [htay9996@gmail.com](mailto:htay9996@gmail.com)

## Annual lake carnival seeks volunteers for games

The annual Lake Hayward Carnival will be held from 3-5 p.m. on Aug. 24 at First Beach and the pavilion.

Carnival-goers can purchase a ticket entitling them to cotton candy, horse and carriage rides, popcorn, endless fun in the bounce house and dunk tank, games and more.

Please join us as we wrap up our week-long Lake Hayward Days celebration and another summer of making memories with family and friends.

Please come early if you would like to volunteer to help at this fun event. For questions, please contact Heather Taylor at [htay9996@gmail.com](mailto:htay9996@gmail.com)

### LAKE HAYWARD DAYS

#### Night at the Races returns

Join us at Hayward Downs for the ever-popular Night at the Races at 7 p.m. on Friday, Aug. 16. Tim "The Aquatic Weed Guy" Pelton will again emcee this event at the pavilion. Decorate your table, decorate your hat and don't forget your singles (dollars not dates!) for wagering. Ten races in all will be held with payouts on every race. BYOB (and your Lake Hayward plastic beer or wine glasses) to this adult event. Prizes will be awarded for the best hats and table decorations.

## New time for final kids arts and crafts session

The August 2019 calendar included in the last newsletter had incorrect times listed for kids arts and crafts. We will finish out the season by trying a Saturday session to see if that timing works better for parents of young kids. Please join us on Saturday, August 10th at the pavilion at 10 a.m. This will be the last session of the season.



Hope to see you there.

### Classifieds

**FOR SALE:** Charcoal-fired smoker. Easy to use; cooks outstanding smoked foods. \$25. Call Judy at 860-965-5416.

**FOR SALE:** Old Town Canoe, 16 feet, 8 inches.

Older fiberglass model, stored inside and not used for many years. Normal wear and tear for its age. Asking \$295, including canoe, dolly and three paddles. Call or text Randy at 203-464-8126.

## PASTA: Annual challenge takes place on Saturday, Aug. 3

At 6 p.m. on Friday, Aug. 9 is our last adult craft session for the season. Join us for this entertaining event of painting wine glasses with clear acrylic paint that will be

functional as well as beautiful. This is a free event. No experience necessary.

For questions, contact Jeff Conway at [jeffc@lakehaywardct.com](mailto:jeffc@lakehaywardct.com).

### Newsletter Submissions

Send your submissions to [webmaster@lakehaywardct.com](mailto:webmaster@lakehaywardct.com). Deadline is **MONDAY AT NOON**. Present your submission using the following formatting:

- Word document
- Garamond 10-point type
- Single space after punctuation
- ½ page = maximum of 420 words
- 1 page = maximum of 840 words

## Engineer hired to begin inspection of Lake Hayward dam on lake's south end

Our dam inspection is underway. Every seven years, as required by the state and our insurance carrier, the dam is inspected. We have hired engineer Karl F. Acimovic to do the inspection for us. A preliminary visit was made by him and he has asked us to cut down some of the foliage abutting it to prepare for a thorough inspection in the coming weeks. A report will be generated with recommendations for any work that may need to be done. Your budget committee and board have planned for some potential repairs being necessary.

As stated in an email blast last week, the Lake Quality Improvement Committee has

### LAKE QUALITY

placed a new marker at the deepest part of the lake for the purpose of having a consistent location for lake water sampling and testing. The buoy was installed on July 26 across from Second Beach, approximately halfway across the lake. It has a reflective strip on it. We kindly ask that you do not disturb it. This sampling and testing will continue through October of this year and in future years to improve our understanding of lake dynamics. Thanks, as always, to the volunteers dedicated to this testing program.

### Landscaping ideas

Looking for some new landscaping ideas? Have you visited the Connecticut College Arboretum? They have different collections there with one entitled "Native Plants." There are guided and self-guided tours of their four major plant collections through Nov. 10. You can find out more at their website at [www.conncoll.edu](http://www.conncoll.edu). Another day trip to learn about native plantings can be found in Pomfret Center at the Richard D. Haley Native Plant Wildlife Gardens. Landscaping properly is a great tool in our collective effort to curb runoff into our lake.

## Ladies Night and Dee-Lish band at the pavilion will heat up month of August

On Saturday, Aug. 10 from 7:30-10:30 p.m., the Dee-Lish band will be playing at the pavilion, and let's hope this year they come without the thunderstorms. Dee-Lish plays a tasty blend of rock, pop and soul plated by some of Connecticut's most talented female musicians.

### Parkway Diner is Aug. 17 band

On Saturday, Aug. 17 from 7:30-11 p.m., Parkway Diner will be playing the classic hits of Billy Joel, while filling the air with

### UPCOMING EVENTS

powerful renditions of songs that you've enjoyed all your lives. You will be singing along to the all of the songs you know and love as well as other classic favorites.

### Ladies' Night returns Aug. 23

It's not too early to reserve a spot for the 10th annual Ladies' Night at our pavilion.

Bring an hors d'oeuvre to share and

come for cocktails (with your Lake Hayward plastic wine or beer glasses) at 5:30 p.m. and stay for the catered Italian buffet from Illiano's (with gluten free and vegetarian options) and sweets from Angelo's (including sugar free goodies).

Only \$15 per person, this event has sold out the last six years so don't wait. Registration by Monday, Aug. 20 is required. Contact Bob Sudell at [robertsudell@aol.com](mailto:robertsudell@aol.com) or 860-836-3124. Raffle donations are welcome.

## Scenes from Adult Arts and Crafts



Lisa Rogers (center, in blue) and other Lake Hayward residents took part last week in adult arts and crafts at the pavilion.





### 6<sup>th</sup> Annual Lake Hayward Triathlon

August 17, 2019/Rain Date: August 18, 2019

Second Beach Start, First Beach Finish!

Start Time: 8:00 AM

**Entry Fee:** \$25/Individual, \$40/Two-Person Team, \$50/Three-Person Team

**Registration Deadline: July 19<sup>th</sup>**

The 6<sup>th</sup> Annual Lake Hayward Sprint Triathlon is less than two months away! This end of summer, non-competitive event invites Lake Hayward residents, of all ability levels, to enjoy swimming, biking and running around our beautiful Lake. The event consists of an approximate 1/3-mile swim, 12-mile bike ride and 4-mile run around Lake Hayward.

#### \*\*\* Kids Sprint Triathlon \*\*\*

Kids under 10 years old will have their very own Sprint Triathlon after the completion of the Triathlon.

\*Participants assume all risks associated with this event. There will be no lifeguards on duty and roads will be open to traffic. All participants must wear swim caps during the swim and helmets while riding. Swim caps are provided.

Please mail/drop off entry form and fee to:

**POALH  
83 Wildwood Rd  
Colchester, CT 06415**

**Registration Deadline: July 19<sup>th</sup>.** This event is limited to the first 50 registrants. Please contact Heather Taylor at [htay9996@gmail.com](mailto:htay9996@gmail.com) with any questions.

Name \_\_\_\_\_

Lake Address \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

T-Shirt Size:    S        M        L        XL        XXL

#### Emergency Contact(s)

Name \_\_\_\_\_

Phone \_\_\_\_\_

Name \_\_\_\_\_

Phone \_\_\_\_\_

#### Kids Sprint Triathlon

Name(s)/Age(s) \_\_\_\_\_

#### Relay Team (Optional): **Teammate 1**

Name \_\_\_\_\_

Please circle your event:

Swim            Bike            Run

T-Shirt Size:    S        M        L        XL        XXL

#### **Teammate 2**

Name \_\_\_\_\_

Please circle your event:

Swim            Bike            Run

T-Shirt Size:    S        M        L        XL        XXL

**Help Wanted!!!** This event is only a success because of our awesome volunteers! Please complete the information below if you are able to volunteer at this event (7:30 AM-11 AM). You will be contacted via email with further details.

Volunteer Name \_\_\_\_\_

Email \_\_\_\_\_

T-Shirt Size:    S        M        L        XL        XXL