

August 1, 2020



MESSAGE FROM THE PRESIDENT

Engineer set to talk to community about dam repairs

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Upcoming Events

- 8/1 MOVIE NIGHT WITH 'NIGHT AT THE MUSEUM,' 7:30 p.m. at First Beach
8/7 ADULT CRAFT, 7:30-9 p.m. at First Beach Pavilion
8/8 TOWN HALL MEETING, 10-11 a.m. at First Beach Pavilion
8/8 FURIOUS GEORGE, 1-4 p.m. at First Beach Pavilion

I am happy to report that Karl Acimovic, the consulting engineer hired to perform the dam inspection, will be able to join us at 10 a.m. on Aug. 8 for a Town Hall Meeting at the Pavilion. Please join us to learn more about his study and the proposed repairs to the spillways.

Much of our last Board of Governors meeting was spent discussing the 2021-22 budget as proposed by the budget committee. All budget committee members were present to answer questions from the board and explain the rationale of their proposal. After vigorous discussion, the board voted to advance the proposed budget to the membership at our Annual Meeting.

WHAT: Movie Night with 'Night at the Museum'

WHEN: 7:30 p.m., Saturday, August 1

The nominating committee also spoke at our meeting to explain their process in selecting a slate of candidates to fill Board of Governors' positions that will expire this year. The committee had not finalized their list as of the Board of Governors' meeting.

While we look to move forward on projects involving the dam and the bio-detention basin, the board is looking for a grant writer. Hopefully in this diverse community there is someone with the expertise we need. We are not at the point

of writing grants yet, but if you are willing to give of your time to help the POALH, please contact president@lakehaywardct.com.

As we leave July and move into August, I hope that we can all be grateful for what we have here at Lake Hayward. Every day I get alerts as state parks and beaches reach capacity and close their parking lots. It's no wonder members of the neighboring towns wish to visit our beaches. We don't know how lucky we are! Let's appreciate the beauty around us and enjoy our lake and our community.

Stay safe and stay healthy.

- Bonnie Sudell

Contact POALH:

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Movie Night features fantasy-comedy 'Night at the Museum'

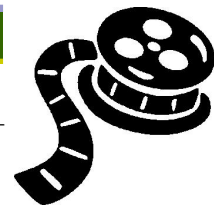
Join us at dusk at First Beach on Saturday night, Aug. 1 for the 2006 classic 'Night at the Museum.'

This fantasy-comedy starring Ben Stiller, Robin Williams, Dick Van Dyke and Mickey Rooney tells the story of a divorced father (Ben Stiller as the loser father Larry Daley) who takes a job as a night watchman at New York City's

MOVIES

Museum of Natural History only to discover that the exhibits, animated by a magical Egyptian artifact, come to life after dark to wreak havoc.

Can Larry control the chaos and become a hero in his son's eyes? Find out for yourself as you socially distance on the sand.



In case of rain, the movie will be shown under the Pavilion, where face

coverings will be required.

(1 hour 48 minutes long, rated PG for mild action, language and brief rude humor)

LQIC works with Florida scientist on algae blooms

Your Lake Quality Improvement Committee (LQIC) is hard at work continuing its twice monthly water testing protocols along with conferencing with our limnologist, AJ Reyes of Northeast Aquatics, to analyze the data being produced in real time.

A conference call on July 22 centered around a discussion about algae in general, why there is an abundance of it this year, the pros and cons of algae treatments, and modifications to our current testing to analyze this further.

We came off that discussion with the understanding that it's hard to pinpoint any one causation for algae. Is it always present in a freshwater lake? Yes. Could a warmer-than-normal winter with little or no ice on the lake contribute? Yes. Are other lakes in the area having issues? Yes. Do external influences (runoff, fertilizers, etc.) and internal ones add to the nutrient loads in the lake feeding the algae? Absolutely.

Our discussion then delved into a general one regarding the treatment of lakes to fight algae. It is more complicated as far as timing is concerned and where to treat than the guidelines used to treat invasive weeds. We are not at a point where we think it is necessary, but it is definitely a tool we need to educate ourselves on as a community.

LAKE QUALITY

As a result of this discussion we will be modifying our testing protocols to include some toxicity tests when significant green scums are located. A sample will be sent to a lab in Florida recommended by our limnologist to perform these tests. A sample taken around July 15 was overnighted to them on July 23 and we await those results. Please know that toxicity in algae can be hard to detect at any given point in time. As always, please avoid green scums of it and educate yourselves as to its potential harmful effects on humans and animals.

Our association's commitment to investing in our testing and oversight by Northeast Aquatics has proven to be fruitful already and will only become more meaningful as data is collected over time. Reyes commented that he is always happy to speak with our group of volunteers due to our commitment and obvious interest in educating ourselves further. As most of you know, our committee is currently made up of four residents from East Shore Dr. and four from the association side. We also were contacted recently by some newly interested residents and we are looking forward to meeting with them in the near future.

Classifieds

PART-TIME PROPERTY

MANAGER: The POALH is seeking candidates for the part-time position of Property Manager. The ideal applicant will be available year-round, with most time spent between May 1 and Oct. 31. Responsibilities include: maintaining association property through routine maintenance as directed by the POALH Properties Committee; investigating association member concerns and advising the Properties Committee of corrective actions required; working with the Properties Committee to develop the annual operating budget and capital expenditures budget for submission to the Budget Committee; managing the budget set forth by the Board of Governors; overseeing multiple projects, developing and maintaining a list of qualified contractors by trade; accomplishing Association goals as set by the Properties Committee, including assistance in developing RFPs for larger projects and reporting progress to the Board of Governors.

Candidates should have at least three years' experience performing light maintenance activities including carpentry, painting and electrical and be able to create documents in Word and Excel.

For more information and to submit your resume, including references, email president@lakehaywardct.com.

PLANTS: Potted spring bloomers for next year: Penstemon, Balloon Flower, Climbing Magnolia Vine, Foxgloves and Morning Glories; free and ready to go. haddamite@protonmail.com

BEDS: One double bed, wooden head and footboards, painted cream; very sturdy, metal sides, slats. Taken apart and ready to go to grateful home. \$35.

One queen or double white iron headboard with wooden posts. Wayfair. Unused, ready to assemble (easy to do). Cost \$120; will let go for \$50 or best offer. Eager to sell.

Call Linda at 860-537-2052.

Adult crafts next Friday; summer concert Aug. 8

Adult Crafts returns at 7:30 p.m. on Friday, Aug. 7, as the weekend events continue to roll on.

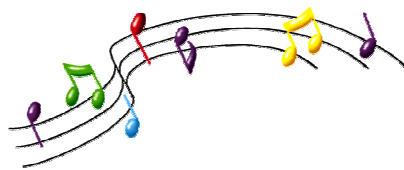
Join us at First Beach on Aug. 8 as our Summer Concert Series continues with an afternoon performance from 1-4 p.m. featuring Furious George.

Popcorn and ice-cold flavored drinks will be served at the Pavilion.

On Sunday, Aug. 9 at the ballfield (south of the lake, by the fire station) at 1 p.m. there will be a Water Balloon Baseball Game. Everyone is welcome, so get ready to get wet.

We will have tons of water balloons for all the attendees.

SUMMER EVENTS



“Peggy, I plan on going to the Saturday concert, then on Sunday. Do you want to join me for the water balloon game?” “Yes, George, I do!”

Come on down to the Pavilion and enjoy the summer, in a safe and responsible manner. We need volunteers to help. Please email jeffc@lakehaywardct.com

Hands-free: Freshwater mussels play a vital role in keeping the lake water clean

Freshwater mussels: Are they good or bad? They're Grrrrrrreat! So let them be and avoid moving them please.

Of the 1,200 known varieties of freshwater mussels in the world, 300 species of mussels live in the streams and lakes of North America with 12 species inhabiting the Connecticut River watershed. Wherever they are, mussels are an indicator species of the condition of the water in which they live because they are sensitive to siltation and low dissolved oxygen levels.

Fish and animals eat mussels making the mussel a link in the food chain transferring the food value of organic debris and plankton they filter out of the water to species higher up the food chain such as fish, muskrats, raccoons, and otters. Any drop-off in the number or diversity of the mussel population is an indicator that water quality is declining and after the mussel population drops, the fish and terrestrial populations that rely on clean water and mussels to supplement their diet will drop, too. Freshwater mussels have a remarkable life cycle.

Male mussels release sperm into the water, and sperm are then taken in by the female through the siphon. The fertilized eggs develop into microscopic larvae called glochidia that look like tiny mussels. They are parasites that must attach themselves to the fins or gills of a fish. To increase the chances of their young making contact with a fish host, some females "go fishing," by displaying specially adapted tissues that look like fish prey to try to lure fish to swim near them. Sensing a fish nearby, the female releases her young into the water, ready to clamp onto the fish. After being attached to a fish for one to several weeks, glochidia let go of the fish and sink to the bottom where they will spend the rest of their lives. Mussels are specific about the fish they parasitize. If the host fish disappears from a stream, mussels cannot reproduce.

Mussels are filter feeders consuming algae, bacteria, and organic particles suspended in the water. They feed by taking in water through a siphon and passing it over mucous-covered gills where the food items



are collected and then transferred to the mouth. Waste particles are flushed out through an exit siphon.

The filtering action improves water quality and cleanses lakes and streams. Unlike their saltwater relatives, however, freshwater mussels are no culinary delight for humans because (according to those who have tried them) along with being rubbery to chew, they taste and smell much like the river bottom. So when you see these guys and gals in our lake, leave them to do their jobs.

Article adapted from the Connecticut River Conservancy website.

Part 2 of Lake History: Serenity and location play a big role in making it special

To add to the serenity of Lake Hayward, many years ago gasoline motorboats were banned, and now one can hear only the hum of little electric motors among the chirping of the Lake's peep frogs. During the summer months many enjoy swimming, fishing, kayaking, canoeing, paddle boating, row boating, and sailing, both in sailboats and on sailboards. During the winter months you will see ice fisherman and ice skaters on the lake with an occasional small fire for winter warmth.

The blend of year-round and summer residences work together, and pride is apparent in the well-maintained properties displayed by the vast majority of seasonal (and year-round) residents. With today's zoning regulations, year-round residences are grandfathered in, but any new seasonal conversion to year-round must be on a minimum of a one-half acre lot. This regu-

LAKE HISTORY

lation assures that Lake Hayward will remain a predominately seasonal area. Most year-round residents enjoy the busy summer season when friendships are renewed and summer activities begin.

They do, however, also admit to enjoying the end of a season – when traffic diminishes, beaches become empty, kayaks, canoes and sailboats vanish for the winter and daily life becomes just a touch less social.

From the beginning, it has justly been said that Lake Hayward is a peaceful, happy and friendly community. In an advertisement when the lake was being developed by the Jas. J. Smith Company it was stated:

"Every man or woman should own some real estate – they should have a place to call

their own, where they can spend their summers and pass the days of their vacation to suit themselves, where the children can be taken early and brought back late, brown as berries, and with the robust health that only life in the open can give. No one knows what the future may bring forth.

It is such a short drive from your home that you need not go away for an expensive vacation.

Stay at home – take day trips to the Lake. Real Estate is an imperishable asset ever increasing in value. It is the most solid security that human integrity has devised. In fact it is the basis of all wealth."

Lake Hayward is truly a place "where life meets vacation."

Information was compiled by Charlyn Houston Montie of Hayward Properties

Hot summer, cool ice cream

